



Eve Taylor[®]
— LONDON —
Est. 1963

Naturally Beautiful

SPA BODY
NAVIGATOR

VOLUME 5

eve-taylor.com

Welcome to Eve Taylor London Spa Body Navigator Volume 5

The spa body navigator is your essential guide to the naturally beautiful range of Eve Taylor bodycare products and aromatic treatments.

The navigator is created to empower you with knowledge, giving you all the information you need and answering any of your product or treatment questions.

We recommend you keep this manual to hand in your treatment space allowing you to refer to it whenever you need it.

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The Eve Taylor Story

Pioneering aromatherapist Eve Taylor OBE established the brand in London in 1963. For the past five decades, Eve has developed her passion for creating professional skincare enriched with the finest hand-blended essential oils and botanicals.

Eve Taylor started her career in the beauty industry as a mobile beauty therapist and quickly became interested in "aromatherapy" the practical and therapeutic use of essential oils.

Through years of study, practice and experience Eve developed a range of pre-blended aromatherapy oils and specific methods and techniques for their application.

Eve's aromatherapy techniques (Clinical Aromatherapy) have been adopted as the industry's gold standard for professional aromatherapy and are taught extensively throughout the world.

Over the five decades since their inception Eve's original aromatherapy blends still provide both professional therapists and their clients with outstanding results keeping demand high around the globe.

Naturally beautiful and affordable, make Eve's products increasingly the professional's number one choice.



Discover Eve Taylor

Eve Taylor London is truly passionate about natural skincare. For over five decades we've been harnessing the power of aromatherapy and botanical extracts to enhance skin and wellbeing.

Good For Skin Ingredients



We select and use quality ingredients derived from nature and science for skin that's naturally beautiful and glowing.

Proudly British



All our skincare is researched, developed and manufactured in the UK.

100% Natural Essential Oils, Sustainably Sourced



Only the highest-quality, sustainably sourced essential oils are used in our products.

Animal Friendly



We never have and never will test on animals – only on willing human beings.

Environmentally Friendly



Our packaging is recyclable.

Trees For The Future Partner



We're giving back to nature and will plant one tree for every Eve Taylor retail product sold, a minimum of 100,000 trees per year.



Give back
to nature.



Nature is at the heart of our business in the form of essential oils which are derived from flowers, leaves, roots, bark and fruit peel. We recognise that protecting our environment is vital to ensure future generations can enjoy our beautiful world and the plants within it.

In support of giving back to nature, we are very proud to announce our partnership with Tree for the Future. We will plant ONE TREE for every Eve Taylor retail product sold and have committed to planting 100,000 trees each year.

Find out more about the amazing work Trees for the Future do by visiting trees.org



Navigating the Eve Taylor® Range



Eve Taylor® Products Containing Nut Oils



In this Spa Body Navigator you will notice that many of our formulations contain plant oils with many extracted from nuts. We are happy to let you know that our products are perfectly safe to use on those with nut allergies as we only use purified nut oils which have been **winterised, deodorised** and **refined**, a process to devoid them of protein particles - the element responsible for causing allergies.

Our certification confirms that any of the nut oils used in our products are free from allergens as listed in Annex III of Directive 2003/15/EC amending Directive Cosmetics 76/768/EC.

The nut oil products contain no detectable amounts of proteins and consequently Eve Taylor® products pose no risk of allergens making ALL products in the Eve Taylor® range suitable for those with nut allergy.

Eve Taylor® Products During Pregnancy

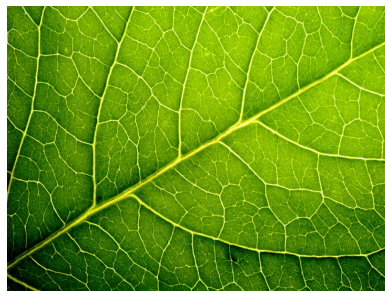


As Eve Taylor® is an aromatherapy based range, we use pure, natural essential oils across our formulations. The use of essential oils often causes ambiguity to whether they are suitable for use during pregnancy.

We recommend some products with a higher concentration of essential oils are avoided during pregnancy, you will find a section on each page which explains whether the product is suitable for use during pregnancy, and if not suitable, an alternative product to use in its place.

We also have some marine based products in the Spa Body range which need to be omitted during pregnancy due to their detoxifying and heating actions, these are also marked for your reference.

Eve Taylor® Vegan Friendly & Non Animal Tested Products



At Eve Taylor® we endeavour to cater for the needs of all clients. As we use Honey, Bees Wax and Chitosan within some of our facial skincare formulations, we are unable to say we are a vegan range, however all products in the Spa Body range are completely vegan friendly.

You will find a section on each page reiterating that the product is suitable for vegans.

The Eve Taylor® range is completely non animal tested. None of our products are, or have ever been tested on animals. This applies to raw ingredients as well as the finished products.



How to conduct the consultation

When meeting a client for the first time before Skin Profiling Analysis or welcoming an existing client back before a facial, remember to offer a warm welcome. Greet them with a smile, give eye contact, use their name; it will help you to remember them and introduce yourself. We want to put the client at ease so they feel comfortable around us.

Through Eve's extensive years of practice she recommends the consultation be carried out by the therapist asking the questions and noting the answers on the card rather than the clients being asked to fill it in themselves.

Each and every question you ask is relevant to identify the clients true needs. Whilst some sections of the consultation card may seem quite obvious to you there may be other areas which the client will require greater explanation to its significance.

Create a private area for you and your client to sit and talk through what happens within the Skin Profiling Analysis service. Explain that you will be asking a number of relevant health and lifestyle questions followed by the analysis which consists of visually looking at the skin as well as feeling the skin with the hands to assess the texture, secretions, tone and potential heat spots. Reassure the client that any information they share is strictly confidential and allows the best possible advice and recommendations.

Possibly the most important aspect of the consultation process is building trust and rapport with the client. There are several qualities we can nurture and develop within ourselves to assist in this process:

Empathy and caring

Everyone wants to feel heard and understood, it's a basic human need. When our clients come to us with a specific concern regarding their skin it's our duty to actively hear what they have to say about it. Don't quickly dismiss a few pre-menstrual breakouts with, "It's no big deal." It may be a very big deal to your client. By showing an understanding attitude you will help build rapport.

Competence and knowledge

Clients expect you to solve their skin issues. When they start to see improvements in their skin their level of trust in you will increase. We may need to use our knowledge to explain what is occurring and why they have this issue. Taking this extra time at the start of each new consultation means that once we've earned the clients trust there is a much greater chance they will become loyal.

Consistency and reliability

To maintain ongoing trust with a client consistency and reliability is a must. Not being late for treatments, delivering the best treatment time and time again. It is too easy to become complacent with regular clients so staying mindful that clients have choices to go anywhere at any time will help you show gratitude for their business.

Navigating the consultation card

Contact information

Clients year of birth can be useful to assess if female clients are menstruating to bear in mind skin fluctuations that can occur with changes in hormones. Addresses, emails and phone numbers are used to keep in touch, whether for marketing purposes such as e-letters, confirmation calls or texts or simply to contact them if they are not at an appointment on time we need to be able to get hold of them.

Health history

Some clients get a little nervous when we start asking about their health history and wonder why you would need this information. Simply reassure them this is for their safety and even give an example of Roaccutane being a contraindication to exfoliation.

Please list any serious illnesses you have experienced

Allows you to record any ailments or illnesses they have had or currently have rather than listing numerous disorders that you have to read through one by one. The key purpose of this question is have they fully recovered, is it an ongoing concern, are they contagious, how long ago did it occur as this will be affecting their immune response and healing rate.

Please list any surgeries you've had

One of the main reasons we ask this question is to find out if there is any fresh scar tissue that could contra-indicate any planned treatments, or be a reason for adaptation. This is especially important to know if performing body massage to determine any possible impingements.

Please list any medication you are currently taking

Anti-coagulant or anti-platelet agents often prescribed for cardio vascular disease will thin the blood leaving the client more prone to bruising easily. Corticosteroids are often prescribed for inflammatory conditions. Arthritis, dermatitis eczema and tendonitis are a few examples. Possible side effects affecting the skin may be acne, stretch marks, thinning the skin or discoloration.

Anti-biotics, diabetic medication, the contraceptive Pill, HRT, anti-depressants can cause photosensitivity (or sun sensitivity) which is inflammation of the skin induced by the combination of sunlight and the medications or substances. This causes erythema of the skin and may look like sunburn.

Thyroxin medication for thyroid conditions can be impacted by the use of marine ingredients so would be a contra-indication for detoxifying wraps.

Any medication which is essential for healthy function (blood pressure/heart/anti-coagulants) would contraindicate the use of detoxifying or stimulating essential oil blends.



The screenshot shows a digital consultation card for Eve Taylor London. It includes sections for contact information, health history, medication, and lifestyle. The form is partially filled out with grey boxes representing input fields.

Consultation Card Clients D.O.B. []

Client's Name []

Address []

E-mail [] Telephone []

Agree to marketing Y N How did you hear about us? []

Health history

Please list any serious illnesses you have experienced []

Please list any surgeries you have had []

Please list any medication you are currently taking []

Do you now or have you ever smoked? Y N

Do you have any known allergies? Y N

Are you pregnant or planning a pregnancy? Y N

Do you have metal implants, body piercing or pacemaker? Y N

Are you under a Doctor's care for any reason? Y N

Do you experience claustrophobia? Y N

Questions to ask every visit

	1	2	3	4	5	6	7	8
Are you currently taking any prescription medication or under a doctor's care?	Y	N	Y	N	Y	N	Y	N
Are you on or due your monthly cycle?	Y	N	Y	N	Y	N	Y	N
When did you last exfoliate?	Y	N	Y	N	Y	N	Y	N

I confirm (to the best of my knowledge) that the answers I have given are correct and that I have not withheld any information that may be relevant to my treatment.

Client signature: [] Date: []

Treatment record

	Date	Treatment received / products used	Therapist
1			
2			
3			
4			
5			
6			
7			
8			

Nutrition and lifestyle

What percentage of your average daily diet is fresh food? [] %

What percentage of your average daily diet is processed food? [] %

How many of the following drinks do you consume on a daily basis?

Coffee: [] Tea: [] Fizzy drinks: [] Water: [] Alcohol/Wine/Beer: []

How often do you exercise? []

What is your favourite past time? []

What is your current occupation? []

On a scale of 1 - 10 how do you rate your current stress level? []

Would you say your sleep patterns are: Adequate Not enough Plenty

How much UV exposure do you have now and in the past? []

Your skin

Do you ever experience: Itchiness Tightness Redness Breakouts Oily shine

What is your specific concern about your skin? []

Is this ongoing or a temporary condition? []

Do you have any known allergies?

When a client has expressed they have an allergy to anything, whether it's a skincare ingredient or not, this indicates that they will have more histamine in their body than someone who has no allergies. We need to exercise more caution with this client and use the least "active" ingredients on their skin until we have worked with them a few times to see what their skin can or cannot tolerate.

Do you have any metal implants, piercings or pacemaker?

This is relevant if you are going to be using an electrical modality that passes current through the body such as a body galvanic treatments, as this client would be contraindicated.

Are you under a Doctor's care for any reason?

Will prompt them to think of any ongoing medical condition they may have and forgotten to share with you.

Do you experience claustrophobia?

To ensure the clients own comfort, avoid body wrap treatments and covering with heavy towelling, as both could feel restrictive for the client. Stay with the client at all times and don't leave the room. Ensure that the client is comfortable with any coverings you place on them.

What percentage of your average daily diet is fresh or processed food?

This question is vital when offering detox type treatments, as the clients diet could be contributing to body concerns such as fluid retention or cellulite. Fresh unprocessed food is better for the body than factory manufactured food leading to an increased potential for a sluggish metabolism. Asking this question will allow us to discuss what changes are required to achieve results as well as manage their expectations.

Fluid intake (What do you consume on a daily basis?)

This is also a vital factor when the client wishes to detoxifying the system. Alcohol and fizzy sugary drinks are high in calories which contribute to weight gain and so reduction of daily and weekly consumption is key to clients achieving their goals.

- **Coffee/Tea** is acidic and may contribute to internal inflammation that shows as redness and skin sensitivity on the skin.

- **Fizzy drinks** are high in sugar and can act as a trigger and contribute to breakouts on the back or chest area.

- **Water** is essential for hydration of the skin, clients who consume adequate water are more likely to have healthy, hydrated skin.

- **Alcohol** has a dehydrating effect on the skin.

How often do you exercise?

Exercise is beneficial for the entire body. By increasing blood flow we are encouraging oxygen and nutrient intake of the cells and improved elimination of toxins via the sweat glands. When offering detoxifying and cellulite treatments, exercise is a key step for them to achieve their goals.

What is your favourite pastime?

This may give us clues about extrinsic factors affecting their skin. Gardening, hiking, or any outside activity will increase their exposure to UV rays and potential sun damage. Exposure to cold or hot temperatures can also affect barrier function, capillary strength or pigmentation issues. Those who read or watch TV suggests a more sedentary lifestyle.

What is your current occupation?

Most of us spend a third of our day at work and this could be the root of mental or physical stress. Where we work may also have an impact on the skin; for example:

- **Office workers** may find their sedentary lifestyle is contributing to a sluggish metabolism and fluid retention in the body.

- **Drivers** may find the increased exposure to pollutants causes skin to become lacklustre. Exposure to UV rays may also result in sun damage.

- **Factory workers** who are exposed to airborne chemicals for some may experience sensitive skin on the arms or neck area.

On a scale of 1-10 how do you rate your current stress levels?

Ask clients what they feel their stress level is today as it can influence your treatment, recommend future treatments, help them manage their stress with homecare routines and essential oil products.

Would you say your sleep patterns are adequate/not enough/plenty?

When we are asleep the body rejuvenates and repairs itself. It's not that we can necessarily change their sleep patterns but it can help us understand and empathise. Moving house, new job, new baby, exams, illness, worry, hormones are some of the many reasons sleep patterns can become disrupted leading to it resonating in our skin.

How much UV exposure do you have now and in the past?

Past or present UV exposure can explain pigmentation patterns, dehydration or even lines and wrinkles. It's also a key opportunity to educate our clients in the use of sunscreens. Remember it's not just the sun but also sunbeds that can cause skin issues and damage will still be done.

Your Skin

Whilst this section may appear to be more face related, it is also applicable for the body.

We are the trained professional having learned how to identify the various body conditions, clients live in their skin 24/7 and their feedback and perception of their own skin is vitally important. Not only can they give you more insight into the day to day behaviour of their body but also they can share with precisely what their concerns are so you can both be clear as to what improvements they wish to see in their skin. These questions will help us identify the skin type as well as other conditions that they may be experiencing.

Do you ever experience flakiness?

We want to ask where specifically on the body this occurs and how frequently. It could be a sign that the skin severely dehydrated and inherently dry, lacking in both water (moisture) and oil (sebum) if it is always present. It would be useful to ask how long it's been occurring and if the skin on their torso is also dry.

Do you ever experience breakouts?

Find out how frequently the breakouts occur, where on the body they are as well as how long this has been going on for. Is the cause genetic, does it run in the family? Could it be due to internal or external environment? Is it a reaction to prescribed or non-prescribed medication? Could their occupation could be a trigger?

What specific improvements do you wish to see?

The client may never have had a professional facial before and could think all the breakouts will be healed and gone in one session. This is an opportunity for you to explain about skin healing, importance of homecare, regular treatments to manage the skin, not picking at the lesions, etc.

Have you ever received a salon/spa treatment before?

Tells us how savvy they are with the treatment process. We may need to explain in more detail what the treatment will involve if they are new to these types of services.

What were the results?

This can again give you the opportunity to see whether their expectations were realistic or not and allow you to be realistic and objective with what your service can achieve.

What brand of skincare are you using of the following on your body?

Asking the client which products are currently used allows you to measure their level of sophistication so that you can prescribe products accordingly without overwhelming them with unnecessary recommendations but also allows you to evaluate what they are currently using and consider if those products are exacerbating their concerns.

Request they bring (or send in advance) a list of all body products they use so you can assess to whether these products are contributing to their skin issues.

Have you ever had any of the following treatments?

IPL / Laser

(Intense Pulsed Light) machines and may be used for tightening the skin lightening hyperpigmentation, hair removal or even tattoo removal. It could be anywhere between 3 days to 12 weeks until other treatments may be performed depending on the type of laser used and the depth it penetrates into the skin.

Waxing

We need to wait at least 24 hours and ensure the skin is not showing signs of redness or irritation.

Questions to ask every visit

On each visit there will be additional questions you will want to ask the client to find out how their body concerns have been, any changes since last visit, using products ok, feedback on any samples given, etc. as well as the reminder questions.

Ask female clients if they are near or have their menstrual cycle, nerve endings are more sensitive at this time of the month. It's also worth noting that more sensitivity reactions occur during this time so not advisable to use higher active products.

Writing down the treatment record; what products were used and any electrical equipment will help you keep track of each service given for each client. Continue to ask the questions on the back of the card before asking the client sign and date it.



Eve Taylor® Spa Body

Throughout history various civilisations have embraced the amazing benefits spa therapy can offer; as far back as 400 BC Greek philosophers turned to the sea and its extracts for their abundant health benefits. The Roman empire also embraced the power of spa therapy and created the famous 'Roman Baths' which set the precedence for future populations to enjoy the amazing benefits that the spa offers.

The Eve Taylor® Spa Body experience is an aromatic journey using the power of hands on touch with the very best ingredients to bring about balance and wellbeing to the body and mind by utilising a synergy of two elements:



Aromatherapy

Aromatherapy is the use of essential oils in a therapeutic manner. Essential oils are volatile, aromatic plant extracts from various parts of plants such as leaves, petals, roots, bark, seeds or fruit. Each essential oil has multiple therapeutic effects and are highly effective to be used on the body to assist in detoxification and elimination as well as offering highly relaxing and uplifting benefits to improve mood and general wellbeing.



Algotherapy

Algotherapy is the use of Seaweed, Algae and marine extracts. More abundant in minerals and trace elements than any other ingredient found on the planet these amazing ingredients offer outstanding benefits for the healthy function of the skin and assist in balance and wellbeing. When used as part of a body wrap treatment these extracts increase metabolism, reinforce circulation, stimulate the lymphatic system, enhance detoxification, hydrate the epidermis, remineralise and boost the skin.

The Eve Taylor® Spa Body range is created to fit within all business models, whether it be in a spa with wet room facilities or a smaller scale environment with no shower, the easy to use product line provides an effective way to treat multiple concerns. Whether the client requires detoxification, invigoration or deep relaxation, the range is comprehensive enough to give the results clients will return back for time and time again.

HYDROLAT

Hydrolats are the aromatic water created during the extraction of essential oils using steam distillation and consist of 100% pure hydrolat. These natural aromatic waters are perfect to use throughout the Eve Taylor® treatment to customise and tailor towards the needs of the client.

Skin type/condition:

Chamomile Hydrolat - Soothing and calming, this is an excellent choice for those with sensitive, irritated or inflamed skin. Great to customise **Rescue & Repair Moisturiser** for increased soothing actions.

Rose Hydrolat - Ultra hydrating and an excellent choice for those with a dehydrated moisture depleted skin. It also has an uplifting comforting effect to the senses so a great choice for anyone experiencing low mood. A great choice to mix in with **Hydra-thermal Body Wrap**.

Tea Tree Hydrolat - Offers deeply purifying and anti-septic actions. It is ideal for those with congested breakout prone skin and due to its purifying actions, can be used to spritz the hands and feet at the beginning of a treatment to sanitise.

Orange Hydrolat - Brightening and uplifting, this hydrolat is perfect for those with hyperpigmented, dull or uneven skin tone.

Geranium Hydrolat - Deeply nourishing this comforting hydrolat is suited for clients experiencing dry and moisture depleted skin conditions.

Lavender Hydrolat - This truly versatile hydrolat can be used on skin types and conditions, and is especially beneficial for those with inflamed or congested skin.

Lemon Hydrolat - Is ideal for detoxification and helping to disperse fluid retention, Lemon is a useful addition for those with toxic build up. It is ideal to customise with **Marine Mud Body Wrap** to promote further detoxifying.

Peppermint Hydrolat - Offers an intensively cooling action which assists with firming and tonifying loose sagging tissue, so is great for firming treatments. Its also a great choice for those with digestive stress. An excellent choice to customise with **Toning Mask**.

HYDROLAT & CUSTOMISATION

Key ingredients

100% Pure Hydrolat: from the first extraction of essential oils using steam distillation. 100% natural aromatic floral water.

These natural waters are perfect to use throughout Spa Body treatments to customise and tailor towards the needs of the client and may be used for the following:

- Added into rinse water bowls
- Added to body wraps to customise effects
- Added to peel off masks to customise effects
- Spritzed on to hot towels / hot mitts
- Spritzed around the room to fragrance
- Spritzed onto towelling / bedding /curtains
- Added to pedicure bowls
- Added to Spa Body Moisturisers to enhance effects

Pregnancy:

All hydrolats may be used during any stage of pregnancy.

Vegan friendly:

All hydrolats are suitable to be used by vegans.

AVAILABLE SIZES



PROFESSIONAL PRODUCT
1000ml/500ml/250ml/100ml

RETAIL PRODUCT
250ml

SALT & SEAWEED SCRUB

MARINE SALT & LAMINARIA

A spa style exfoliant used to polish and prepare the skin of the body for further treatments. The removal of surface skin cells allows a better and more even absorption of further key ingredients used in the next treatment phase. Salt & Seaweed Scrub is formulated with marine extracts rich in trace elements and minerals. Silica and Sea Salt to thoroughly exfoliate the body while releasing mineral elements from the Laminaria Seaweed extract well known for its detoxifying and purifying properties.

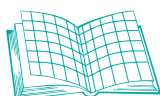
Skin type/condition:

Suitable for all skin types. (Avoid if using prescribed medication with exfoliating action).



INGREDIENTS

Sodium Chloride
Laminaria Digitata
Silica
Aqua
CI 47005
CI 42090
Benzyl Salicylate
Linalool
Hexyl Cinnamal
Citronellol



COMMON NAME

Sea Salt
Oarweed
Silica
Aqua
CI 47005
CI 42090
Benzyl Salicylate
Linalool
Hexyl Cinnamal
Citronellol



PROPERTIES

Abrasive
Amino acids & vitamins
Abrasive
Water
Colour
Colour
Natural component
Natural component
Natural component
Natural component



EFFECTS

Exfoliant
Tissue regeneration
Detoxifying
Solvent
Modifier
Modifier
Natural component
Natural component
Natural component
Natural component

EXFOLIANT

Key ingredients

Sea Salt: Skin softening and mineralising properties. Removes excess oil and dead cells from the surface of the skin and is reputed to tone and hydrate the skin as well as improving circulation.

Silica: Assists with exfoliation while cleansing and eliminating toxins.

Laminaria Digitata: Rich in essential energising minerals and trace elements. Containing amino acids and Vitamins, A, B, C and E. It helps to stimulate the production of collagen in the body and because of its purging, draining and metabolism accelerating properties, it strengthens the immune system and protects against free radicals.

Salon application

Mix 5-10ml of **Salt & Seaweed Scrub** (for full body treatments) with 6-8 pumps of **Aqua-Mass** until a paste consistency is achieved. (Alternatively for intensive detoxifying effects, mix with 6 pumps of **Aqua Mass** and 2 pumps of **Eliminating Body Serum (No. 11)** and stir to paste consistency). Apply directly to the skin and work over the area with large free flowing circular movements. Focus on areas of skin build up such as knees, elbows and heels. Remove with warm, moist mitts or steam towels customised with chosen **Hydrolat**. Alternatively direct client to shower if wet room facility is available.

Top Tip: Prepare Salt & Seaweed Scrub before the start of the Spa Body treatment and place in hot towel cabinet if available to create a warming exfoliation.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



EXFOLIATING MOUSSE

POPPY SEED & BLACK PINE

This creamy mousse exfoliant effectively sloughs away surface skin revealing a smoother, softer skin. Exfoliating Mousse gently stimulates circulation and encourages new cell regeneration. Enriched with natural essential oils to detoxify and tone, skin is left feeling revitalised, soft and prepared for the next treatment phase in the spa body treatment. An ideal product to use in pedicures, especially where skin calluses may be found.

Skin type/condition:

Suitable for all skin types. (Avoid if using prescribed medication with exfoliating action such as Ro-accutane).



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Chloride	Sea Salt	Abrasive	Skin conditioning
Glycerin	Glycerin	Humectant	Skin conditioning
Sodium Cocoyl Isethionate	Sodium Cocoyl Isethionate	Emollient	Skin conditioning
Sorbitol	Sorbitol	Humectant	Skin conditioning
Disodium Lauryl Sulfosuccinate	Disodium Lauryl Sulfosuccinate	Surfactant	Cleansing
Citrus Aurantifolia	Lime	Harmonising	Aromatic ingredient
Lavandula Angustifolia	Lavender	Balancing	Soothing, cleansing
Rosmarinus Officinalis	Rosemary	Circulation	Muscular
Pelargonium Graveolens	Geranium	Conditioning	Skin Suppleness
Citrus Limon Peel Oil	Lemon	Purifying /Astringent	Elimination
Pinus Nigra Twig Leaf Oil	Black Pine	Stimulating	Circulation
Papaver Somniferum Seed	Poppy Seed	Abrasive	Exfoliant
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Tetrasodium EDTA	Tetrasodium EDTA	Chelating agent	Thickening
Citral	Citral	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Linalool	Linalool	Natural component	Natural component
Citranellol	Citranellol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

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Spa Body

EXFOLIANT

Key ingredients

Poppy Seeds: Abrasive yet gentle and effective on the skin sloughing off surface skin cells to reveal a softer, smoother skin.

Sea Salt: Physically removes dull drier cells revealing a more hydrated skin.

Coconut based surfactants: Activated with water these cleansing agents foam up to deeply cleanse the skin leaving it feeling fresh and invigorated.

Application

Salon use: Gently massage into damp skin using circular movements. Concentrate on areas of thicker, drier skin such as elbows, knees and heels. For intensive exfoliation may be massaged into dry skin on any areas of concern. Remove with warm, moist mitts or steam towels customised with chosen **Hydrolat**. Alternatively direct client to shower if wet room facility is available.

Home use: Gently massage into damp skin using circular motions. Concentrate on areas of drier skin such as elbows, knees and heels or areas experiencing ingrown hairs.

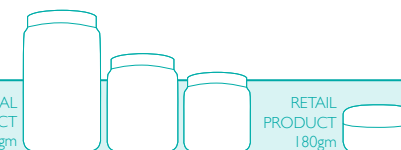
Use 2-3 times a week for all over smoother skin.
May be mixed with water and foamed up to create a polishing body cleanse for daily use in the shower.

Pregnancy:
May be used during any stage of pregnancy.

Vegan friendly:
This product is suitable to be used by vegans.

AVAILABLE SIZES

PROFESSIONAL PRODUCT
1kg, 500gm, 250gm



RETAIL PRODUCT
180gm

AQUA-MASS

WATER DISPERSIBLE MASSAGE OIL

Aqua-Mass is a fragrance free water dispersible massage oil with lightly textured Grapeseed Oil offering essential properties to rejuvenate stressed or damaged skin. Formulated with Jojoba, frequently used by Ayurvedic practitioners to soothe during massage, this medium makes a wonderful addition to any salon or spa professional range. Also ideal as an aroma free massage medium during pregnancy.

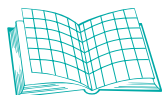
Skin type/condition:

Suitable for all skin types. Especially beneficial for pregnant clients in the first trimester.



INGREDIENTS

Vitis Vinifera Seed Oil
Caprylic/Capric Triglyceride
Laureth-3
Simmondsia Chinensis Oil
Tocopherol



COMMON NAME

Grapeseed
Caprylic/capric triglyceride
Laureth-3
Jojoba
Vitamin E



PROPERTIES

Fatty acid content
Emollient
Solubiliser
Emollient
Vitamin E



EFFECTS

Skin conditioning
Lubricant
Emulsifier
Moisturiser
Conditioning

BODY MASSAGE OIL

Key ingredients

Grapeseed Oil: Light textured oil that provides excellent slip and glide. Rich in Linoleic Acid, an essential fatty acid the body cannot synthesise, vital for healthy skin and is high in OPC's (Oligomeric Proanthocyanidins) a type of anti-oxidant. It also offers excellent anti-inflammatory properties.

Jojoba Oil: Nourishing and soothing to the skin, provides emollient properties to keep skin soft and smooth.

Vitamin E: Antioxidant properties as well as skin conditioning.

A massage base free from essential oils and fragrance; water dispersible formulation is easily removed from the skin for clients who prefer to not feel any oily residue post-massage.

Gives long work ability time and may be used as a base for essential oils. Ideal to be used with **Salt & Seaweed Scrub** especially when working in a dry room set up as this exfoliation combination is easily removed with warm damp mitts.

May be used for slip and glide with glass ventouses when providing vacuum suction treatments.

Salon application

Pump desired amount into hand and apply to body. Massage using firm, flowing movements depending on clients needs and chosen technique. Excellent for use with hot stone massage.

May be removed with warm damp mitts.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



ANTI-STRESS BODY MASSAGE OIL

BODY MASSAGE OIL

The light citrus aroma of Sweet Orange and Mandarin coupled with a fragrant hint of French Lavender create a soothing and relaxing effect to a tired mind and stressed body. The warm comforting aroma of Marjoram and the detoxinating benefits of Grapefruit cleanse and detox the body to encourage balanced energy flow and proper oxygenation of mind and body. A fusion of Petitgrain and Ylang Ylang creates the finishing touch to leave the body replenished and the mind fortified.

Skin type/condition:

Suitable for all skin types. Especially beneficial for those experiencing physical or mental stress, anxiety, insomnia, muscle or joint discomfort or those in need of relaxation.



INGREDIENTS

Prunus Amygdalus Dulcis
Persea Gratissima
Triticum Vulgare
Citrus Reticulata
Citrus Aurantium Dulcis
Lavandula Angustifolia
Origanum Majorana
Citrus Paradisi
Citrus Aurantium
Cananga Odorata
Linalool
Limonene
Geraniol
Benzyl Benzoate
Benzyl Alcohol
Eugenol



COMMON NAME

Sweet Almond
Avocado
Wheatgerm
Mandarin
Sweet Orange
Lavender
Marjoram
Grapefruit
Petitgrain
Ylang Ylang
Linalool
Limonene
Geraniol
Benzyl Benzoate
Benzyl Alcohol
Eugenol



PROPERTIES

Rich in fatty acids
Rich in Lecithin
Vitamin E
Calming
Harmonising
Balancing
Warming/ fortifying
Draining
Calming
Calming
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component



EFFECTS

Moisturising
Softening/moisturising
Preservative
Nervous tension
Digestive/lymphatic
Soothin/cleansing
Muscle/joint
Elimination
Nervous system
Tension
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component

BODY MASSAGE OIL

Key ingredients

Essential Oils: The synergistic blend of Mandarin, Orange, Lavender, Marjoram, Grapefruit, Petitgrain and Ylang Ylang collectively calm the mind, strengthen the nervous system and help to restore balance and harmony.

Salon application

Pump desired amount into hand and apply to body. Massage using firm, flowing movements depending on clients needs and chosen technique. Extra attention to areas of solar plexus, neck and shoulder will improve and reinforce benefits.

If including Body Serum as part of the overall treatment, combine with **Relaxing Body Serum (No 10)** or **Anti-stress Body Serum (Specifics 301)** as the perfect partner.

Pregnancy:

Avoid use during the first trimester of pregnancy (instead use **Aqua-Mass Water Dispersible Massage Oil**). May be used during the second and third trimester of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



CELLULITE BODY MASSAGE OIL (Detoxifying)

BODY MASSAGE OIL

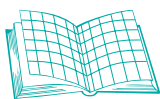
The warming qualities of Cinnamon and Thyme encourage circulation to improve elimination of toxins and help in the reduction of fluid retention. The purifying effects of Juniper, Lemon aid the elimination process. Geranium and Fennel aid skin integrity revitalising skin texture.

Skin type/condition:

Suitable for those experiencing bloating, fluid retention, toxic, congested skin or cellulite.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Prunus Amygdalus Dulcis	Sweet Almond	Rich in fatty acids	Moisturising
Oenothera Biennes	Evening Primrose	Rich in GLA	Skin conditioning
Simondsia Chinensis	Jjoba	High Vitamin E	Antioxidant
Persea Gratissima	Avocado	Rich in Lecithin	Softening/moisturising
Triticum Vulgare	Wheatgerm	High Vitamin E	Preservative
Cinnamomum Zeylanicum	Cinnamon	Warming	Improves circulation
Citrus Paradisi	Grapefruit	Draining	Elimination
Foeniculum Vulgare	Sweet Fennel	Purifying/ elimination	Improving skin texture
Juniperus Communis	Juniper Berry	Purifying	Elimination
Pelargonium Graveolens	Geranium	Conditioning	Skin Suppleness
Citrus Medica Limon	Lemon	Purifying/astringent	Elimination
Cupressus Sempervirens	Cypress	Tonic	Circulation
Thymus Vulgaris	Thyme	Warming	Circulation
Limonene	Limonene	Natural component	Natural component
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Eugenol	Eugenol	Natural component	Natural component

BODY MASSAGE OIL

Key ingredients

Essential Oils: The synergistic blend of Cinnamon, Grapefruit, Sweet Fennel, Juniper Berry, Geranium, Lemon, Cypress and Thyme collectively detoxify and tone helping combat cellulite type deposits.

Provides an excellent massage medium with detoxifying oils to aid in elimination and fluid retention.

Salon application

Pump desired amount into hand and apply to body. Massage using firm, flowing movements depending on clients needs and chosen technique.

Give extra attention to areas affected by cellulite such as thigh and buttock areas to reinforce benefits.

If including Body Serum as part of the overall treatment, combine with **Eliminating Body Serum (No 11)** or **Cellulite Body Serum (Specifics 302)** as the perfect partner.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Body Massage Oil** or **Aqua-Mass Water Dispersible Massage Oil** only.

Vegan friendly:

This product is suitable to be used by vegans.



BODY FIRING MASSAGE OIL

BODY MASSAGE OIL

This formulation conditions the skin by improving weaknesses in connective tissue. Specially selected essential oils encourage circulation through proper oxygenation and drainage of toxins. Geranium and Hazelnut aid skin suppleness and elasticity improving integrity and appearance.

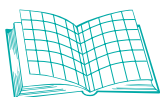
Skin type/condition:

Suitable for all skin types that require a conditioning effect, especially beneficial for those with slackened skin tone, post weight loss, post pregnancy or dry skin.



INGREDIENTS

Prunus Amygdalus Dulcis
Glycine Soja
Corylus Avellana
Triticum Vulgare
Cupressus Sempervirens
Cymbopogon Citratus
Pelargonium Graveolens
Rosmarinus Officinalis
Ferula Galbaniflora
Linalool
Limonene
Geraniol



COMMON NAME

Sweet Almond
Soya
Hazelnut
Wheatgerm
Cypress
Lemongrass
Geranium
Rosemary
Galbanum
Linalool
Limonene
Geraniol



PROPERTIES

Rich in fatty acids
Natural film former
Nourishing
Vitamin E
Tonic
Stimulating
Conditioning
Circulation
Restorative / tonic
Natural component
Natural component
Natural component



EFFECTS

Moisturising
Mosturising
Tissue tone
Skin suppleness
Muscular
Improve tissue tone
Moisturising
Softening/ moisturising
Moisturising
Natural component
Natural component
Natural component

BODY MASSAGE OIL

Key ingredients

Essential Oils: The synergistic blend of Cypress, Lemongrass, Geranium, Rosemary and Galbanum collectively encourage skin conditioning and tissue firmness.

Provides an excellent massage medium with skin strengthening oils to improve skin integrity and texture.

This body massage oil is great to use as a general massage medium for those with a dryer skin or in need of a body conditioning effect

Salon application

Pump desired amount into hand and apply to body. Massage using firm, flowing movements depending on clients needs and chosen technique. Give extra attention to areas of poor skin tone such as abdomen or upper arms.

If including Body Serum as part of the overall treatment, combine with **Replenish Body Serum (Specifics 303)** as the perfect partner.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Body Massage Oil** or **Aqua-Mass Water Dispersible Massage Oil** only.

Vegan friendly:

This product is suitable to be used by vegans.



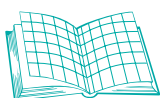
BUST FIRING MASSAGE OIL

BODY MASSAGE OIL

The strengthening qualities of Clary Sage and the toning benefits of Sweet Fennel clarify and tone weaknesses in connective tissue. Ylang Ylang and Sweet Orange help to promote proper lymphatic harmony encouraging proper oxygenation and drainage. Geranium and Evening Primrose reinforce skin suppleness and integrity to leave the skin with a more revived appearance.

Skin type/condition:

Suitable for those who require a firming effect to the bust area or upper decollete.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Prunus Amygdalus Dulcis	Sweet Almond	Rich in fatty acids	Moisturising/Softening
Glycine Soja	Soya	Natural film former	Moisturising
Oenothera Biennis	Evening primrose	Rich in GLA	Conditioning
Triticum Vulgare	Wheatgerm	Vitamin E	Skin suppleness
Salvia Sclarea	Clary Sage	Astringent/soothing	Weak tissue support
Cananga Odorata	Ylang Ylang	Harmonising	Lymphatic system
Foeniculum Vulgare	Fennel	Purifying/ elimination	Skin texture/ Muscle tone
Citrus Aurantium Amara	Sweet Orange	Circulation drainage	Lymphatic system
Pelargonium Graveolens	Geranium	Conditioning	Skin suppleness/rejuvenating
Linalool	Linalool	Natural component	Natural component
Benzyl Salicylate	Benzyl Salicylate	Natural component	Natural component
Benzyl Benzoate	Benzyl Benzoate	Natural component	Natural component
Isoeugenol	Isoeugenol	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

BODY MASSAGE OIL

Key ingredients

Essential Oils: The synergistic blend of Clary Sage, Ylang Ylang, Fennel, Sweet Orange, & Geranium collectively encourage tissue firmness.

Provides an excellent massage medium with skin strengthening oils to improve skin integrity and texture.

Salon application

Pump desired amount into hand and apply to upper chest and bust. Massage using firm, flowing movements depending on clients needs and chosen technique.

If including Body Serum as part of the overall treatment, combine with **Replenishing Body Serum (Specifics 303)** as the perfect partner.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Body Massage Oil** or **Aqua-Mass Water Dispersible Massage Oil** only.

Vegan friendly:

This product is suitable to be used by vegans.



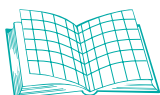
STIMULATING BODY MASSAGE OIL (Uplifting)

BODY MASSAGE OIL

This blend is an ideal choice for clients with general body fatigue due to over exertion of physical activity. Excellent for active, sporty athletic types. Helps boost circulation encouraging improved oxygenation and drainage of toxins which may accumulate with exercise.

Skin type/condition:

Suitable for those requiring an energising treatment, physically active people or athletic/sporting types.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Prunus Amygdalus Dulcis	Sweet Almond	Rich in fatty acids	Moisturising
Persea Gratissima	Avocado	Rich in lecithin	Softening/moisturising
Triticum vulgare	Wheatgerm	Vitamin E	Preservative
Citrus Limon	Lemon	Purifying/ astringent	Elimination
Juniperus Communis	Juniper Berry	Purifying	Elimination
Mentha Piperita	Peppermint	Stimulating	Circulation
Cupressus Sempervirens	Cypress	Tonic	Respiratory
Pelargonium Graveolens	Geranium	Conditioning	Skin suppleness
Cedrus Atlantica	Cedarwood	Tonic	Respiratory
Linalool	Linalool	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component

BODY MASSAGE OIL

Key ingredients

Essential Oils: The synergistic blend of Lemon, Juniper Berry, Peppermint, Cypress, Geranium and Cedarwood collectively increase circulation and elimination while toning the nerves.

Provides an excellent massage medium with a stimulating blend of essential oils for boosting elimination and circulation whilst reducing cellular toxins. Ideal choice for physically active clients.

Salon application

Pump desired amount into hand and apply to body. Massage using firm, flowing movements depending on clients needs and chosen technique.

Give extra attention to the large muscle groups such as the back and the legs to encourage removal of metabolic by products as the result of muscle exertion.

If using a Body Serum as part of the overall treatment, combine with **Invigorating Body Serum (No 12)** as the perfect partner.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Body Massage Oil** or **Aqua-Mass Water Dispersible Massage Oil** only.

Vegan friendly:

This product is suitable to be used by vegans.



WELLBEING BODY MASSAGE OIL

BODY MASSAGE OIL

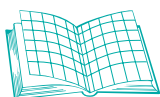
This blend is an ideal choice for clients with emotional stress or tension. Helping to soothe the nerves this blend rebalances and brings a sense of inner comfort, peace and positive energy to the mind and body.

Skin type/condition:

Suitable for those requiring a soothing effect to the senses, those in need of comfort and those who need to bring a more positive outlook to the mind and body.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

Prunus Amygdalus Dulcis	Sweet Almond	Rich in fatty acids	Moisturising
Persea Gratissima	Avocado	Rich in fatty acids	Softening/moisturising
Triticum Vulgare	Wheatgerm	Vitamin E	Preservative
Simmondsia Chinensis	Jojoba	Nourishing	Moisturising
Citrus Limon	Lemon	Purifying	Elimination
Malaleuca Alternifolia	Tea Tree	Stimulating	Strengthening
Salvia Sclarea	Clary Sage	Relaxing	Soothes the mind
Citrus Aurantium	Neroli	Calming	Soothes the mind
Lavandula Angustifolia	Lavender	Relaxing	Comforting
Santalum Album	Sandalwood	Harmonising	Mind soothing
Linalool	Linalool	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Citral	Citral	Natural component	Natural component

BODY MASSAGE OIL

Key ingredients

Essential Oils: The synergistic blend of Lavender, Lemon, Tea Tree, Clary Sage, Sandalwood and Neroli collectively re-balance the mind and improve emotional stress.

Function

Provides an excellent massage medium with a comforting blend of essential oils soothe the mind and bring a sense of peace and positive energy.

Salon application

Pump desired amount into hand and apply to body. Massage using firm, flowing movements depending on clients needs and chosen technique.

If using a Body Serum as part of the overall treatment, combine with **Relaxing Body Serum (No 10)** as the perfect partner.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Body Massage Oil** or **Aqua-Mass Water Dispersible Massage Oil** only.

Vegan friendly:

This product is suitable to be used by vegans.



AROMAWAX CANDLES

LUXURY AROMATIC MASSAGE CANDLES

Create a spa experience and indulge your clients with luxury, with our soya based aroma wax candles. Infused with 100% natural essential oils they will fill your room with the most beautiful scent. The low melting point of the wax makes them suitable for massaging into the body to create a blissful warming medium.

Skin type/condition:

Suitable for all skin types and conditions.



INGREDIENTS

Rapeseed Oil
Soya



COMMON NAME

Rapeseed Oil
Soya



PROPERTIES

Emollient
Amino acid rich



EFFECTS

Softening
Reinforcing

Candles available for massage and aromatic scent:

Relax & Self Indulgent (Geranium, Sweet Orange, Lavender, Lavandin and Ylang Ylang).
Inspiration & Exhilaration (Neroli, Sweet Orange, Lavender, Lavandin and Rosemary).
Sensual & Exotic (Orange, Patchouli, Ylang Ylang and Lime).
Wild Fig & Grape.
 Lavender.
 Frankincense, Amber and Cedarwood.
Solace (White Tea, Orange and Wisteria).
Dream (White Jasmine).
Fruit Crush (Orange, Grapefruit, Lime and Lemongrass).

Candles available for aromatic scent only:

Orange & Clove
Ylang Ylang



AROMAWAX CANDLES

Key ingredients

Soya, rich in amino acids reinforce the skin's integrity.

Rapeseed Oil nourishes the skin and provides an emollient texture.

AromaWax Candles are perfect to fill the treatment space with their wonderful aromatic scent.

The low melting point allows the wax to be applied to the skin to create the ultimate luxury massage medium. The nourishing texture can be used as an intensive moisturiser for the hands, feet, elbows or knees.

Salon application

Burn **AromaWax Candle** for approximately 20 minutes and with an appropriate spatula dispense required amount of wax from the side of the glass and apply to the area to be massaged.

Homecare application

Burn **AromaWax Candle** to fill the room with a wonderful aromatic scent. Alternatively, using an appropriate spatula, scoop out melted wax from the side of the glass and apply to the hands or feet and massage into the skin.

Keep candle on a level surface and away from flammable sources. Never leave a lit candle unattended.

Pregnancy:

May be used during pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

PROFESSIONAL & RETAIL
PRODUCT: EACH

RELAXING BODY SERUM (No.10)

RELAX & CALM

This body serum is formulated to help relieve stress, tension and general body fatigue. With a highly concentrated synergy of soothing essential oils in a light vegetable base allows rapid absorption into the tissues. A tried and tested formula ensures effective results with minimal application for anyone in need of deep relaxation. Key indicators of stress are irritability, tension headaches, insomnia, muscular stress, and general inability to properly relax.

Skin type/condition:

Suitable for all skin types. Especially beneficial for those experiencing physical or mental stress, anxiety, insomnia or those in need of relaxation.



INGREDIENTS

INGREDIENTS	COMMON NAME
Glycine Soja	Soya
Corylus Avellana	Hazelnut
Persea Gratissima	Avocado
Triticum Vulgare	Wheatgerm
Citrus Reticulata	Mandarin
Citrus Aurantium Dulcis	Sweet Orange
Thymus Vulgaris	Thyme
Cymbopogon Citratus	Lemongrass
Cinnamomum Zeylanicum	Cinnamon
Lavandula Angustifolia	Lavender
Linalool	Linalool
Geraniol	Geraniol
Limonene	Limonene
Euganol	Euganol
Cinnamic Aldehyde	Cinnamic Aldehyde
Benzyl Benzoate	Benzyl Benzoate



PROPERTIES

PROPERTIES
High in Vitamin A, D, E
Nourishing
Rich in Lecithin
High Vitamin E
Calming
Harmonising
Warming
Strengthens nervous system
Warming/Balancing
Analgesic
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component



EFFECTS

EFFECTS
Softening/moisturising
Moisturising
Softening/ moisturising
Preservative
Nervous tension
Reinforces immune system
Muscular aches and pains.
Exhaustion (Physical)
Improves circulation
Soothing/cleansing
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component

BODY SERUM

Key ingredients

Essential Oils: The synergistic blend of Mandarin, Orange, Thyme, Lemongrass, Cinnamon and Lavender collectively soothe the mind, strengthen the nervous system and aid restful sleep.

To soothe, calm and relax physical and mental tension.

Application

Salon use: Smooth 3-6 pumps of **Relaxing Body Serum (No.10)** to each body area being treated and spread evenly using gentle strokes. If including body massage as part of the overall treatment, link this body serum with **Anti-stress Body Massage Oil** as the perfect partner.

This oil based serum is not suitable for use with hot stone massage.

Homecare use: Smooth 3 pumps of **Relaxing Body Serum (No.10)** across shoulders, to solar plexus area, soles of feet and 4-5 inches up back of legs from feet at night time.

May be added into any body moisturiser to offer additional nourishing and moisturising benefits

Pregnancy:

Avoid use during the first trimester of pregnancy.

May be used during the second and third trimester of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



ELIMINATING BODY SERUM (No.11)

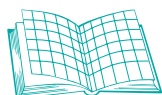
ELIMINATION

Effective in aiding general elimination and preventing fluid retention which can result in puffiness and bloating. Improving the elimination processes helps improve skin texture. Use for early signs of cellulite and tissue stagnation. Ideal for those with occupations that involve long periods of sitting or standing or general poor circulation.

Skin type/condition:

Suitable for those experiencing bloating, fluid retention or mild cellulite.

Do not use if taking essential medication - blood pressure, heart, anti-coagulants etc due to the detoxifying actions of the blend eliminating and potentially reducing medication levels in the body.



INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Prunus Amygdalus Dulcis	Sweet Almond	High in vitamin A, D & E	Softening/moisturising
Persea Gratissima	Avocado	Nourishing	Moisturising
Triticum Vulgare	Wheatgerm	Rich in lecithin	Softening/moisturising
Simmondsia Chinensis	Jojoba	High Vitamin E	Preservative
Salvia Officinalis	Sage	Cleanser/stimulant	Stimulate elimination of toxins
Rosmarinus Officinalis	Rosemary	Stimulant/circulation	Helps promote elimination
Origanum Majorana	Marjoram Black	Stimulant/circulation	Warming/cleansing
Piper Nigrum	Pepper	Cleansing/detoxifier	Eliminates toxins and uric acid
Lavandula Angustifolia	Lavender	Antiseptic/balancing	Helps promote tissue renewal
Juniperus Communis	Juniper Berry	Cleansing/detoxifier	Eliminates toxins and uric acid
Linalool	Linalool	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

BODY SERUM

Key ingredients

Essential Oils: The synergistic blend of Sage, Rosemary, Black Pepper, Marjoram, Lavender and Juniper Berry collectively stimulate the circulation promoting elimination of cellular waste and excess fluid.

Application

Salon use: Smooth 3-6 pumps of **Eliminating Body Serum (No.11)** to each body part being treated and spread evenly. Typical of areas of application for this serum are legs, thighs, hips, buttocks and abdomen. This body serum gives best results when applied underneath **Marine Mud Body Wrap** within the Spa Body Treatment.

If including body massage as part of the overall treatment, link this body serum with **Cellulite Body Massage Oil** as the perfect partner.

This oil based serum is not suitable for use with hot stone massage.

Homecare use: Smooth 3 pumps of **Eliminating Body Serum (No.11)** across thighs, and top of hips. Stroke hands over hips to abdomen area 6 times. Smooth 1-2 pumps to soles of feet and 4-5 inches up back of legs from feet. Instruct clients to drink plenty of water when using this serum. May be added into any body moisturiser to offer additional nourishing and moisturising benefits

Pregnancy:

Avoid use during any stage of pregnancy. During second and third trimester use **Relaxing Body Serum** only.

Vegan friendly:

This product is suitable to be used by vegans.



INVIGORATING BODY SERUM (No.12)

INVIGORATE & UPLIFT

A very different formulation as its effects vary depending on the person's nature. It has an invigorating "wide awake" effect in general making it ideal for the sporting fraternity. Boosts oxygenation through stimulation of metabolism and circulation.

Skin type/condition:

Suitable for those requiring an energising treatment, physically active people or athletic/sporting types.

Do not use if taking essential medication - blood pressure, heart, anti-coagulants etc due to the stimulating actions of the blend potentially impacting medication levels in the body.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Glycine Soja	Soya	High in Vitamin A, D & E	Softening/moisturising
Corylus Avellana	Hazelnut	Nourishing	Moisturising
Persea Gratissima	Avocado	Rich in lecithin	Softening/ moisturising
Triticum Vulgare	Wheatgerm	High Vitamin E	Natural preservative
Cymbopogon Citratus	Lemongrass	Strengthens nervous system	Helps exhaustion
Cinnamomum Zeylanicum	Cinnamon	Warming	Improves circulation
Thymus Vulgaris	Thyme	Warming	Srenngthens nervous system
Ferula Galbaniflora	Galbanum	Restorative	Tissue toner
Lavandula Angustifolia	Lavender	Metabolism stimulant	Synchronise metabolism
Rosmarinus Officinalis	Rosemary	Simulant	Aids lymphatic drainage
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Euganol	Euganol	Natural component	Natural component
Cinnamic Aldehyde	Cinnamic Aldehyde	Natural component	Natural component
Benzyl Benzoate	Benzyl Benzoate	Natural component	Natural component

Key ingredients

Essential Oils: The synergistic blend of Lemongrass, Cinnamon, Thyme, Galbanum, Lavender and Rosemary collectively stimulate the circulation, metabolism and the nerves leading to a revitalised, uplifted feeling.

Application

Salon use: Smooth 3-6 pumps of **Invigorating Body Serum (No.12)** to each body part being treated and spread evenly. Continue with appropriate Bodyline Mask.

If including body massage as part of the overall treatment, link this body serum with **Stimulating Body Massage Oil** as the perfect partner.

This oil based serum is not suitable for use with hot stone massage.

Homecare use: Smooth 1-2 pumps of **Invigorating Body Serum (No. 12)** along spine and 1-2 pumps to soles of feet and 4-5 inches up back of legs from feet in morning or throughout the day when in need of energy boost. Not recommended before sleeping.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Relaxing Body Serum** only.

Vegan friendly:

This product is suitable to be used by vegans.



BODY SERUM

ANTI-STRESS BODY SERUM (SPECIFICS. 301)

ANTI-STRESS, EASE & RELIEVE

To help relieve underlying localised discomfort in muscles or joints. Helps to relax and soothe areas of sensitivity. May be used on aching muscles due to over exertion of physical activity. This potent blend of soothing, calming essential oils make it ideal for those who in need of deep relaxation.

Skin type/condition:

Suitable for those with muscle or joint discomfort, arthritis, rheumatism, or discomfort due to physical overexertion.

Do not use if taking essential medication - blood pressure, heart, anti-coagulants etc due to the actions of the blend potentially impacting medication levels in the body.



INGREDIENTS

Glycine Soja	Soya	High in Vitamin A, D, E
Persea Gratissima	Avocado	Rich in lecithin
Triticum Vulgare	Wheatgerm	High vitamin E
Mentha Piperita	Peppermint	Soothing
Thymus Vulgaris	Thyme	Warming
Eugenia Caryophyllata	Clove	Soothing
Zingiber Officinale	Ginger	Calming
Juniperus Communis	Juniper Berry	Cleansing/ detoxifier
Origanum Majorana	Marjoram	Circulation stimulant
Piper Nigrum	Black Pepper	Cleanser/stimulant
Rosmarinus Officinalis	Rosemary	Circulation stimulant
Linalool	Linalool	Natural component
Limonene	Limonene	Natural component
Eugenol	Eugenol	Natural component
Geraniol	Geraniol	Natural component



COMMON NAME



PROPERTIES



EFFECTS

Softening/moisturising
Softening/moisturising
Preservative
Muscle and joint
Muscular aches and pains.
Muscle and joint
Muscle stress
Eliminates toxins
Warming/cleansing
Helps promote elimination
Aid to lymph drainage
Natural component
Natural component
Natural component
Natural component

Key ingredients

Essential Oils: The synergistic blend of peppermint, Thyme, Clove, Ginger, Juniper Berry, Marjoram, Black Pepper and Rosemary collectively soothe and warm tension in tissues. By stimulating circulation elimination of toxins is promoted thus assisting oxygenation of tissues.

Application

Salon use: Smooth 3-6 pumps of **Anti-Stress Body Serum (Specifics. 301)** to each body part being treated and spread evenly. Typical areas for application include ankles, knees, hips, shoulders and wrists. Can be applied to any muscular areas of concern.

If including body massage as part of the overall treatment, link this body serum with **Anti-Stress Body Massage Oil** as the perfect partner.

This oil based serum is not suitable for use with hot stone massage.

Homecare use: Smooth 1-2 pumps of **Anti-Stress Body Serum (Specifics. 301)** to areas of discomfort as and when needed. May be applied morning and evening.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Relaxing Body Serum** only.

Vegan friendly:

This product is suitable to be used by vegans.



CELLULITE BODY SERUM (SPECIFICS. 302)

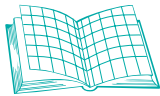
CELLULITE & TOXIC ACCUMILATION

This expert blend is beneficial for developed cellulite type deposits, heavy fluid retention and areas of poor circulation and elimination. Effective in aiding elimination, improving circulation and therefore maintaining healthy skin texture.

Skin type/condition:

Suitable for those experiencing heavy toxic build up, severe bloating or developed cellulite.

Do not use if taking essential medication - blood pressure, heart, anti-coagulants etc due to the detoxifying actions of the blend eliminating and potentially reducing medication levels in the body.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Glycine Soja	Soya	High in Vitamin A, D, E	Softening and moisturising
Oenothera Biennes	Evening Primrose	Rich in GLA	Skin conditioning
Persea Gratissima	Avocado	Rich in Lecithin	Softening moisturising
Triticum Vulgare	Wheatgerm	High Vitamin E	Preservative
Cinnamomum Zeylanicum	Cinnamon	Warming	Improves circulation
Foeniculum Vulgare	Sweet Fennel	Purifying/ elimination	Improves skin texture
Cupressus Sempervirens	Cypress	Tonic	Circulation
Pelargonium Graveolens	Geranium	Conditioning	Skin suppleness
Citrus Paradisi	Grapefruit	Draining	Elimination
Citrus Limon	Lemon	Purifying/ astringent	Elimination
Thymus Vulgaris	Thyme	Warming	Circulation
Juniperus Communis	Juniper Berry	Cleansing/ detoxifier	Promotes elimination
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Eugenol	Eugenol	Natural component	Natural component
Cinnamic Aldehyde	Cinnamic Aldehyde	Natural component	Natural component
Benzyl Benzoate	Benzyl Benzoate	Natural component	Natural component

Key ingredients

Essential Oils: The synergistic blend of Cinnamon, Sweet Fennel, Cypress, Geranium, Grapefruit, Lemon, Thyme and Juniper Berry collectively stimulate the circulation promoting elimination of cellular waste and excess fluid. This blend tones and conditions the skin by removing excessive fluid from the tissues.

Application

Salon use: Smooth 3-6 pumps of **Cellulite Body Serum (Specifics. 301)** to each body part being treated and spread evenly. Typical of areas of application for this serum are legs, thighs, hips, buttocks and abdomen. This body serum gives best results when applied underneath **Marine Mud Body Wrap** within the Spa Body Treatment.

If including body massage as part of the overall treatment, link this body serum with **Cellulite Body Massage Oil** as the perfect partner.

This oil based serum is not suitable for use with hot stone massage.

Homecare use: Smooth 3 pumps of **Cellulite Body Serum (Specifics. 302)** across thighs, and top of hips. Stroke hands over hips to abdomen area 6 times. Smooth 1-2 pumps to soles of feet and 4-5 inches up back of legs from feet. Instruct clients to drink plenty of water when using this serum.

May be added into any body moisturiser to offer additional nourishing and moisturising benefits

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Relaxing Body Serum** only.

Vegan friendly:

This product is suitable to be used by vegans.



BODY SERUM

REPLENISHING BODY SERUM (SPECIFICS. 303)

STRESSED SKIN

This potent blend of essential oils aids in tissue regeneration where the skin has been stressed through environmental or physical factors leading to loss of elasticity and lack of texture. Formulated to help support the skin renewal cycle, this serum replenishes and re-builds the skin encouraging the formation of healthy cells.

Skin type/condition:

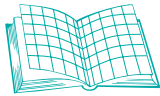
Suitable for those experiencing stressed or weakened skin, stretch marks, recent scarring, hyper-pigmentation or loss of elasticity. This blend may also be used if treating scarring on the face.

Do not use if taking essential medication - blood pressure, heart, anti-coagulants etc due to the stimulating actions of the blend potentially impacting medication levels in the body.



INGREDIENTS

Glycine Soja	Soya	High in Vitamin A, D, E
Rosa Canina	Rosehip Seed	Rich in Vitamin C
Persea Gratissima	Avocado	Rich in lecithin
Triticum Vulgare	Wheatgerm	High vitamin E
Oenothera Biennes	Evening Primrose	Rich in GLA
Lavandula Angustifolia	Lavender	Healing
Aniba Rosaeodora	Rosewood	Antiseptic/ tonic
Rosmarinus Officinalis	Rosemary	Antiseptic
Pelargonium Graveolens	Geranium	Conditioning
Salvia Sclarea	Clary Sage	Astringent/soothing
Ferula Galbaniflora	Galbanum	Restorative/tonic
Pogostimom Cablin	Patchouli	Stimulating
Linalool	Linalool	Natural component
Geraniol	Geraniol	Natural component
Limonene	Limonene	Natural component
Eugenol	Eugenol	Natural component



COMMON NAME



PROPERTIES



EFFECTS

Softening and moisturising
Nourishing
Softening moisturising
Preservative
Nourishing
Soothing
Balancing
Combat infection
Skin Suppleness
Weak tissue support
Tissue toner
Improves scar tissue
Natural component
Natural component
Natural component
Natural component

Key ingredients

Essential Oils: The synergistic blend of Lavender, Rosewood, Rosemary, Geranium, Clary Sage, Galbanum and Patchouli collectively stimulate cell regeneration that leads to new, healthy skin cells.

Application

Salon use: Smooth 3-6 pumps of **Replenishing Body Serum (Specifics. 303)** to each body part being treated and spread evenly. This body serum gives best results when applied underneath **Toning Mask** within the Spa Body Treatment.

This oil based serum is not suitable for use with hot stone massage.

Homecare use: Smooth 1 pump of **Replenishing Body Serum (Specifics. 303)** to each area requiring regeneration due to poor elasticity, strength or pigmentation.

Replenishing Body Serum (Specifics. 303) is the only body serum which may be used on the **face** as well as the body.

May be added into any body moisturiser to offer additional nourishing and moisturising benefits

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Relaxing Body Serum** only.

Vegan friendly:

This product is suitable to be used by vegans.



MARINE MUD BODY WRAP

LAMINARIA & HORSECHESTNUT

This finely ground, calcified seaweed has a high absorbency into the body. It is rich in calcium and magnesium, but also contains significant levels of other minerals and trace elements like phosphorous, potassium, manganese, boron, iodine, zinc, copper, selenium and cobalt. These minerals restore tone and vitality to the body, whilst helping to cleanse and detoxify.

Skin type/condition:

Cellulite, bloating, fluid retention or those requiring a deep detoxifying effect. May also be used on breakout prone areas.

Do not use if taking Thyroxine due to the interaction with Iodine within the formulation.

Also avoid if taking essential medication - blood pressure, heart, anti-coagulants etc, due to the detoxifying actions of the blend eliminating and potentially reducing medication levels in the body.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water		
Lithothamnium Calcareum	Algae	Rich in calcium and magnesium	Skin tone and vitality
Laminaria Digitata	Kelp	Amino acids and vitamins	Tissue regeneration
Fucus Vesiculosus	Bladderwrack	Mineral rich	Toning
Polyacrylamide	Polyacrylamide	Emulsifier	Thickener
Propylene Glycol	Propylene Glycol	Solvent	Humectant
Isoparaffin	Isoparaffin	Solvent	Viscosity control
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Laureth-7	Laureth-7	Surfactant	Emulsifier
Chromium Oxide	Chromium Oxide	Pigment	Enhancer
Potassium Sorbate	Potassium Sorbate	Preservative	Preservative
Citrus Limon	Lemon	Elimination	Fragrance ingredient
Rosmarinus Officinalis	Rosemary	Circulation	Fragrance ingredient
Benzyl Alcohol	Benzyl alcohol	Preservative	Preservative
Aesculus Hippocastanum	Horsechestnut	Antioxidant, anti inflammatory	Prevents cellular filtration
Hedera Helix Leaf Extract	Ivy Leaf Extract	Saponins, elimination	Makes lipids soluble
Limonene	Limonene	Natural component	Natural component

Key ingredients

Laminaria Digitata (Oarweed): Rich in essential energizing minerals and trace elements. It contains amino acids and Vitamins, A, B, C and E. It helps to stimulate the production of collagen in the body and because of its purging, draining and metabolism accelerating properties.

Lithothamnium Calcareum (Red Algae): Rich in calcium and magnesium, but also contains significant levels of other minerals and trace elements like phosphorous, potassium, manganese, boron, iodine, zinc, copper, selenium and cobalt. These minerals restore tone and vitality to the body.

Fucus Vesiculosus (Bladderwrack Seaweed): Tightening to the skin and improves the blood circulation while helping to combat cellulite.

Ivy Leaf Extract: Abundant in Saponosids, it helps the lipids stocked in the adipocytes (fat cells) to be either used as a source of energy or be eliminated.

Salon application

For best results apply over the top of **Cellulite Body Massage Oil, Eliminating Body Serum (No. 11)** or **Cellulite Body Serum (Specifics. 302)**.

For a full body application mix 100ml (2 level 50ml scoops) of **Marine Mud Body Wrap** with 8 pumps of **Eliminating Body Serum (No. 11)** or **Cellulite Body Serum (Specifics. 302)**, and stir to create a pliable texture. Apply directly on the body in a thin layer. Wrap the client in appropriate covering* (spa sheet or foil blanket), then cover with towels or blanket to keep client warm. Avoid application to wounds or broken skin. Leave on skin for 20 to 30 minutes.

***Marine Mud Body Wrap** may also be used for compression treatments and wrapped with compression bandages or wrapping film.

Remove with warm moist mitts or steam towels customised with chosen **Hydrolat**. Alternatively direct client to shower if a wet room facility is available.

Top Tip: Prepare Marine Mud Body Wrap before the start of the Spa Body treatment and place in hot towel cabinet if available to gently warm before application.

Pregnancy:

Avoid use during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



AVAILABLE SIZES

PROFESSIONAL PRODUCT
4kg, 2kg, 1kg, 500gm

HYDRA-THERMAL BODY WRAP

LAMINARIA & SPIRULINA

This body wrap is a synergy of Laminaria, Spirulina and Lithothamnium Calcareum. Spirulina is a rich source of amino acids and is considered a superfood due to it containing all 8 essential amino acids, Vitamins A, B1, B2, B3, B6, B9, B12, C, D, E and minerals including Calcium, Iron, Selenium and zinc. Laminaria's properties include Iodine and Mannitol which offer intensive moisturising and slimming effects; while Lithothamnium Calcareum intensley remineralises and offers vitality to the skin.

Skin type/condition:

Suitable for those requiring a hydrating and remineralising effect, those in need of deep relaxation or those experiencing muscle or joint discomfort.

Do not use if taking Thyroxine due to the interaction with Iodine within the formulation.

Also avoid if taking essential medication - blood pressure, heart, anti-coagulants etc, due to the detoxifying actions of the blend eliminating and potentially reducing medication levels in the body.

Do not apply over varicose veins due to heat created.



INGREDIENTS

Lithothamnium Calcareum
Talc
Magnesium Sulfate
Disodium Pyrophosphate
Laminaria Digitata
Spirulina Maxima



COMMON NAME

Red Aglae
Talc
Magnesium Sulfate
Disodium Pyrophosphate
Oarweed
Spirulina Algae



PROPERTIES

Mineral rich
Bulking agent
Bulking agent
Thermal activator
Amino acid rich
Vitamin rich



EFFECTS

Strengthening
Bulking
Bulking
Heating
Tissue regeneration
Skin boosting

Key ingredients

Laminaria Digitata (Oarweed): Rich in essential energising minerals and trace elements. It contains amino acids and Vitamins, It helps to stimulate the production of collagen in the body and because of its purging, draining and metabolism accelerating properties.

Spirulina Maxima (Spirulina): Contains high concentrations of all 8 essential amino acids almost all known anti-oxidants including Superoxide Dismutase and offers amazing barrier improving benefits.

Lithothamnium Calcareum (Red Algae): Rich in calcium and magnesium, but also contains significant levels of other minerals and trace elements including Phosphorous, Potassium, Manganese, Boron, Iodine, Zinc, Copper, Selenium and Cobalt. These minerals restore tone and vitality to the body.

Rich in marine extracts, **Hydra-Thermal Body Wrap** is formulated with micronised seaweeds, well known for their detoxifying and remineralising effects. This fine powder turns into a homogenous heating paste when mixed with water, activating the thermal complex to release the marine actives. The heating effect aids in relaxation, warming of the body and a feeling of wellbeing.

Salon application

For a full body application mix 200ml (4 level 50ml scoops) with 180ml of warm water and stir until a homogeneous paste is achieved. (Mix a ratio of 50ml of powder to 45ml of warm water thereafter). **Hydrolat** may be added to customise and boost effects.

Apply quickly to the body and wrap the client in an appropriate sheet. Do not use a warming blanket. Avoid application to wounds. Leave on skin for 20-30 minutes then remove with warm moist mitts or steam towels customised with chosen **Hydrolat**. Alternatively direct client to shower if wet room facility is available.

For best treatment results use in combination with **Anti-Stress Body Massage Oil**, or **Relaxing Body Serum (No. 10)**.

Pregnancy:

Avoid use during any stage of pregnancy. Inplace, apply a liberal layer of gently pre-warmed Moisturising Body Butter and cover with spa sheet.

Vegan friendly:

This product is suitable to be used by vegans.



AVAILABLE SIZES

PROFESSIONAL PRODUCT
4kg, 2kg, 1kg.

TONING MASK

CAMELLIA & HORSETAIL

An ideal mask for its firming effect, allowing an improved tone and texture of the skin giving an instantaneous tonic and refreshing feel. **Toning Mask** compensates for dehydrating factors in the epidermis by transferring active ingredients to the epidermis, thus allowing a hydrating effect on the skin. This type of peel off mask firms the contours and moisturises at the same time.

Skin type/condition:

Suitable for those with loosened skin tone, post weight loss or post pregnancy.



INGREDIENTS

Solum Diatomeae
Kaolin
Algin
Calcium Sulphate
Tetrasodium Pyrophosphate
Equisetum Arvense
Laminaria Digitata
Camellia Sinensis
Magnesium Oxide
CI19140
CI42090
Rosmarinus Officinalis



COMMON NAME

Diatomaceous Earth
Clay
Alginate
Calcium Sulphate
Tetrasodium Pyrophosphate
Horsetail
Oarweed
Green Tea
Magnesium Oxide
CI19140
CI42090
Rosemary



PROPERTIES

Rich in Silica
Remineraliser
Natural powder to remineralise
Attracts moisture
Thickener
High silica content
Amino acids and vitamins
Anti-inflammatory
Opacifying
Colour
Colour
Stimulating/oxygenation



EFFECTS

Skin strengthening
Impurities and toxins
Detox and firm
Improves moisturisation
Emulsifier
Improves texture and tone
Tissue regeneration
Soothing
Tonal balance
Modifier
Modifier
Circulation

TARGETED MASK

Key ingredients

Oarweed: Laminaria digitata: Rich in essential energizing minerals and trace elements. It contains amino acids and Vitamin A, E, C and B. It helps to stimulate the production of collagen in the body and because of its purging, draining, metabolism accelerating and re-mineralizing properties.

Horsetail: High silica content to improve texture and tone.

Green Tea: Anti-inflammatory for its soothing qualities.

This alginate based mask quickly sets on the skin giving intensive hydrating effects whilst firming areas of slackened skin texture. It is designed to spot treat specific areas of the body requiring extra attention. Ideal treatment for firming the **bust, upper arms, abdomen** or **thighs**.

Salon application

For maximum firming effects use **Toning Mask** in combination with **Body Firming Massage Oil, Replenishing Body Serum (Specifics. 303)** or **Ice Tone Gel**.

For each body area mix 100ml of mask (2 level 50ml scoops) with 70ml of tepid water and stir until an icing like consistency is achieved. (For enhanced firming effects mix with 70ml of **Peppermint Hydrolat**).

Apply immediately to the body with a spatula using a thick application method. For client comfort place a piece of bedroll or large tissues over the top of the mask and cover with towels/blanket to keep client warm. Allow the mask to solidify and set for a minimum of 15 minutes, then peel off from the skin in a single piece. Residual mask may be removed with water.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



AVAILABLE SIZES

PROFESSIONAL PRODUCT
2kg, 1kg

ICE TONE GEL

COOLING, REFRESHING, FIRMING GEL

A refreshing gel to cool tired, aching and restless legs as well as offering skin firming benefits. The cooling formula is enriched with a refreshing complex to instantly envelop legs and thighs with an iced effect. The blend has a cooling and calming effect allowing discomfort and heaviness to be dissipated, leaving the legs feeling lighter and re-energised. The intensely cooling action also firms body tissues giving a smooth contoured appearance.

Skin type/condition:

Suitable for those experiencing hot aching feet, swollen ankles and legs, those who stand for long period for time, or clients with loose skin tissue or loss of firmness on areas such as the triceps, abdomen or legs.



INGREDIENTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Alcohol	Alcohol	Solvent	Conditioning
Polysorbate 20	Polysorbate 20	Surfactant	Emulsifier
Triethanolamine	Triethanolamine	Emulsifier	pH adjuster
Glycerin	Glycerin	Humectant	Attracts moisture
Hamamelis Virginiana	Witch Hazel	Astringent	Soothing
Mentha Piperita	Peppermint	Soothing	Firming
Menthol	Menthol	Cooling agent	Cooling
Carbomer 940	Carbomer 940	Gelling agent	Emulsifier
Sodium PCA	Sodium PCA	Humectant	Moisturising
Allantoin	Allantoin	Conditioning	Soothing



COMMON NAME



PROPERTIES



EFFECTS

TREATMENT GEL

Key ingredients

Menthol: Has the ability to chemically trigger the cold-sensitive receptors in the skin provoking the cooling sensation when topically applied to the skin surface.

Peppermint: This cooling and refreshing essential oil cools the skin, reducing redness, heat and calms irritation.

Allantoin: Extracted from the comfrey plant its soothing, anti-irritant properties help to increase skin smoothness whilst giving moisturising benefits.

Application

Salon use: Apply using upward movements to legs and thighs. For tired, heavy legs apply to the entire leg area work into skin until absorbed, follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

For skin toning/firming treatments, work a thin layer into the skin until absorbed and follow with application of **Toning Mask**.

May be applied to the temple area at the end of a facial treatment to provide a symbolic refreshing effect.

Homecare use: Apply using upward movements to area of concern until absorbed and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

For tired, heavy legs apply to the entire leg area and work into skin until absorbed.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



AVAILABLE SIZES

PROFESSIONAL PRODUCT
1000ml! 500ml! 250ml

RETAIL PRODUCT
120ml

ACTIVE RUB MUSCLE EASE

MUSCLE AND JOINT GEL

To help relieve underlying localised discomfort. Ideal for tension relief, aching muscles and joints. In an easy and convenient gel medium that absorbs rapidly into the skin for fast relief. An excellent choice for golfers, tennis players or when repetitive motions create discomfort.

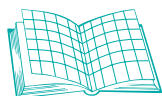
Skin type/condition:

Suitable for those with muscle or joint discomfort, arthritis, rheumatism, or discomfort due to physical overexertion.



INGREDIENTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Aloe Barbadensis	Aloe Vera	Healing agent	Softening and soothing
Peg-40 Hydrogenated	Castor Oil	Emollient	Conditioning
Carbomer	Carbomer	Gelling agent	Emulsifier
Alcohol Denat	Alcohol	Solvent	Conditioning
Mentha Piperita	Peppermint	Soothing	Muscle and joint
Thymus Vulgaris	Thyme	Warming	Muscular aches and pains.
Eugenia Caryophyllata	Clove	Soothing/sedating	Muscle and joint
Zingiber Officinale	Ginger	Sedating/calming	Muscle stress
Juniperus Communis	Juniper Berry	Stimulant	Toxins elimination
Origanum Majorana	Marjoram	Circulation	Warming/cleansing
Piper Nigrum	Black Pepper	Cleanser/ stimulant	Helps promote elimination
Rosmarinus Officinalis	Rosemary	Stimulant/circulation	Aid to lymph drainage
Sodium Hydroxide	Sodium Hydroxide	pH Adjuster	Preservative
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Ethylhexylglycerin	Ethylhexylglycerin	Preservative	Preservative



COMMON NAME



PROPERTIES



EFFECTS

TREATMENT GEL

Key ingredients

Essential Oils: The synergistic blend of Peppermint, Thyme, Clove, Ginger, Juniper Berry, Marjoram, Black Pepper and Rosemary collectively soothe and reduce localised areas of sensitivity.

Aloe Vera: forms the cooling, soothing base that allows rapid penetration into the tissues.

Helps relieve joint and muscular discomfort. Quickly absorbs into the skin so ideal for use pre and post sporting activity.

Application

Salon use: apply a small amount directly onto areas of discomfort and massage in a light rotational movement until absorbed., follow with application of recommended **Eve Taylor® Spa Body Moisturiser**. Typical areas for application include ankles, knees, hips, shoulders and wrists. May be applied to any muscular areas of concern.

Ideal to be applied at the end of a sports or remedial massage.

Homecare use: apply a small amount directly onto areas of discomfort and massage in a light rotational movement until absorbed., follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

Typical areas for application include ankles, knees, hips, shoulders and wrists. Can be applied to any muscular areas of concern. May be applied morning and night.

Pregnancy:

May be used in limited amounts on areas of discomfort during pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE SIZES

PROFESSIONAL PRODUCT
1000ml, 500ml, 250ml



RETAIL PRODUCT
75ml



ELECTRO GEL

CONDUCTIVE GEL FOR ELECTRICAL TREATMENTS

A lightweight gel for use as a conductive medium with body electrical treatments. This Aloe Vera based gel keeps skin hydrated to ensure smooth flow of current.

Skin type/condition:

Suitable for all skin types and conditions.



INGREDIENTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Aqua	Solvent	
Aloe Barbadensis	Aloe Barbadensis	Hydrating	Ensures smooth flow of current
Glycerin	Glycerin	Humectant	Moisture binding
Carbomer	Carbomer	Gelling agent	Thickener
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Capryly Glycol	Capryly Glycol	Emollient	Skin conditioning
Sodium Hydroxide	Sodium Hydroxide	pH adjuster	Skin conditioning
Tetrasodium EDTA	Tetrasodium EDTA	Chelating agent	Stabiliser
Citric Acid	Citric Acid	pH adjuster	Preservative
Potassium Sorbate	Potassium Sorbate	Preservative	Preservative
Sodium Benzoate	Sodium Benzoate	Preservative	Preservative



COMMON NAME



PROPERTIES



EFFECTS

ELECTRICAL GEL

Key ingredients

Aloe Vera: soothes sensitivity while hydrating the skin.

Keeps skin hydrated to ensure smooth flow of current. Reduces sensitivity on the skin.

Can be used with most electrical modalities where smooth flow of current is required.

*Always check manufacturers guidelines.

Application

Salon use: apply a generous layer to the skin with appropriate brush or hands and proceed with electrical treatment. Remove with tepid water or warm steam towel.

Follow protocol as set out in manufacturers guidelines.

Electro Gel is effective for use with:

- Body faradic
- Body galvanic
- Sonophoresis
- Radio frequency
- Ultrasound
- Cavitation treatments

Pregnancy:

May be used during pregnancy, however most electrical treatments are contra-indicated by pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



RESCUE & REPAIR MOISTURISER

VITAMIN COMPLEX WITH HYALURONIC ACID

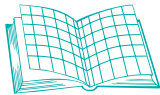
With a skin-drenching Vitamin complex, Hyaluronic Acid and Chamomile, this light weight moisturiser helps to rejuvenate skin and protect it from the elements. Whether skin is stressed, ageing, sun exposed or subjected to other environmental factors this body moisturiser will help restore the skins natural radiance and youthful appearance by combining nourishment with protection.

Skin type/condition:

Suitable for all skin types and conditions, especially dehydrated or post-sun exposed skin or those requiring a light-weight textured moisturiser.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Squalene	Squalene	Emollient	Moisturising
Glycerin	Glycerine	Humectant	Improved hydration
Polyacrylate 13	Polyacrylate 13	Humectant	Attracts moisture
Polyisobutene	Polyisobutene	Surfactant	Emulsifier
Polysorbate 20	Polysorbate 20	Viscosity control	Film former
Sodium Hyaluronate	Hyaluronic Acid	Humectant	Emulsifier
Anthemis Nobilis	Chamomile Flower Extract	Anti-inflammatory	Moisturising
Leuconostoc	Radish Root Ferment Filtrate	Preservative	Preservative
Phospholipids	Phospholipids	Fatty acids	Moisturising
Retinyl Palmitate	Vitamin A	Anti-oxidant	Protective
Ascorbyl Palmitate	Vitamin C	Anti-oxidant	Protective
Tocopherol Acetate	Vitamin E	Anti-oxidant	Protective
Beta-Carotene	Beta-Carotene	Anti-oxidant	Protective
Phenoxyethanol	Phenoxyethanol	Preservative	Broad spectrum preservative
Ethylhexylglycerin	Ethylhexylglycerin	Preservative	Broad spectrum preservative

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Spa Body

BODY MOISTURISER

Key ingredients

Vitamin A, C & E: Nourish and protect skin. Contributes to skin cell growth, repair and metabolism.

Hyaluronic Acid: Excellent for sun damaged, dehydrated, ageing or environmentally stressed skins. Important role in tissue hydration, lubrication and cellular function. Its hydrating properties result in increased skin smoothness.

Chamomile: Used for its calming and anti-inflammatory benefits, Chamomile soothes and conditions the skin.

Squalane: Squalene is a lipid derived from various botanical sources. It is naturally produced in skin cells to lubricate and protect the skin. Readily absorbed into the skin layers it makes it an ideal ingredient in skin care products. Anti oxidant properties of squalene aid in skin protection.

Application

Salon use: Gently massage the required amount into each body area being treated using circular upward movements until fully absorbed. Alternatively customise by adding a few drops of **Chammomile Hydrolat** for enhanced anti-inflammatory effects or **Rose Hydrolat** for additional hydration.

Homecare use: Apply as needed to areas of the body in need of hydration and moisturisation using circular flowing movements until absorbed.

Top Tip: May be used as an intensive after-sun treatment moisturiser to soothe sun exposed skin and offer anti-oxidant protection against ultra violet damage.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



AVAILABLE SIZES

PROFESSIONAL PRODUCT
1000ml, 500ml, 250ml

RETAIL PRODUCT
180ml

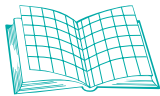
CELLULOSE CONTOUR CREAM

ANTI-CELLULITE WITH QUINOA SEED

Using an innovative mode of action **Cellu-lose Contour Cream** provides a moisturised and supple appearance with the added benefit of having a detoxinating effect to help aid in the reduction of congested areas of fluid retention, a factor which can over time develop into hard to shift congested deposits, loss of texture and firmness, often referred to as cellulite. Innovative ingredient technology helps to suppress the production of adipocytes (fat cells) and reduce their regenerating activity resulting in a more contoured appearance.

Skin type/condition:

Suitable for those experiencing cellulite, toxic build up within the skin or those requiring a medium-weight textured moisturiser.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Aqua	Water	Solvent	
Cetearyl Alcohol	Cetearyl Alcohol	Emulsifier	Soothing and softening
Squalane	Squalane	Emollient	Moisturising
Cyclopentasiloxane	Cyclopentasiloxane	Silicone	Emollient
Dimethicone	Dimethicone	Film former	Protection
Sodium Hyaluronate	Hyaluronic Acid	Humectant	Hydration
Polysorbate 60	Polysorbate 60	Surfactant	Emulsifier
Sodium Laurate	Sodium Laurate	Surfactant	Emulsifier
Lauroyl Proline	Lauroyl Proline	Enzyme inhibitor	Aids in skin contouring
Butylene Glycol	Butylene Glycol	Humectant	Skin softening
Chenopodium Quinoa	Quinoa Seed Extract	Skin conditioning	Slimming agent
Phenoxyethanol	Phenoxyethanol	Preservative	Broad spectrum preservative
Ethylhexylglycerin	Ethylhexylglycerin	Preservative	Broad spectrum preservative

Key ingredients

Hyaluronic Acid: Excellent for sun damaged, dehydrated, ageing or environmentally stressed skins. Plays an important role in tissue hydration, lubrication and cellular function. Its hydrating properties result in increased skin smoothness, softening and decreased wrinkles.

Quinoa Seed Extract: Acts to block signals and enzymatic reactions which go in to the production of adipocytes (fat cells). Reduces fat regenerating activity by making the consumption of oxygen and other substances to and from these areas more difficult.

Lauroyl Proline: Enhances lipolysis and fat burning receptors while boosting Lipoprotein Lipase enzymes to prevent fat storage.

Regenerates skin and strengthens the tissues mechanical properties, improving tightness, firmness, suppleness & elasticity. Inhibits fat storage and thus helps to prevent cellulite. Helps maintain a contoured figure and decreases the accumulation or formation of new fat cells.

Application

Salon use: Gently massage into areas where cellulite is present (hips, bottom, thighs, inside upper arms) using upward circular movements. Finish by applying the product to the abdomen using clockwise circular movements. Alternatively customise by adding a few drops of chosen **Hydrolat** for enhanced effects.

Homecare use: Apply in circular movements to areas where cellulite is present and massage in until full absorbed. May be applied in the morning and evening.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

sales/helpline number:
0845 1305868

AVAILABLE
SIZES

PROFESSIONAL
PRODUCT
1000ml, 500ml, 250ml



RETAIL
PRODUCT
180ml

BODY MOISTURISER

MOISTURISING BODY BUTTER

SEABUCKTHORN & SHEA BUTTER

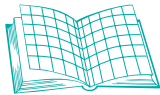
Designed to restore optimal hydration to the most dehydrated and lipid-depleted areas of the body. This rich moisturising body butter is quickly absorbed into the skin and offers the botanical equivalent of silicone and natural moisturisers. Nourishing the epidermis eliminates skin stress to restore firmness and elasticity.

Skin type/condition:

Suitable for those experiencing ultra dry, lipid depleted skin, barrier impairment, eczema type skin, rough elbows/knees or those requiring a rich-weight textured moisturiser.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Butyrospermum Parkii	Shea Butter	High in fatty acid	Cellular restoration
Olea Europaea	Olive Butter	High vitamin E/anti-oxidant	Moisturising
Cocos Nucifera	Coconut Butter	Lauric/caprylic/capric acid	Moisturising
Cetearyl Alcohol	Cetearyl Alcohol	Surfactant	Emollient
Glyceryl Stearate	Glyceryl Stearate	Surfactant	Emollient
PEG-100 Stearate	PEG-100 Stearate	Surfactant	Emulsifier
Hippophae Rhamnoides	Sea Buckthorn	High vitamin content	Anti-inflammatory
Rosmarinus Officinalis	Rosemary	Nourishing	Softening
Dimethicone	Dimethicone	Silicone	Barrier strengthening
Helianthus Annuus	Sunflower Seed Oil	Emollient	Moisturising
Isoamyl Laurate	Isoamyl Laurate	Emollient	Skin conditioning
Sodium PCA	Sodium PCA	Humectant	Skin conditioning
Sodium Dehydroacetate	Sodium Dehydroacetate	Preservative	Preservative
Magnesium Sulphate	Magnesium Sulphate	Bulking agent	Viscosity controller
EDTA	EDTA	Chelating agent	Viscosity controller
Phenoxyethanol	Phenoxyethanol	Preservative	Broad spectrum preservative
Ethylhexylglycerin	Ethylhexylglycerin	Preservative	Broad spectrum preservative

Key ingredients

Sea Buckthorn: These amazing berries which are sourced from the Atlantic Coast are packed with very high levels of beta-carotene, Vitamin C, Vitamin E and flavenoids, as well as hosting an abundance of Vitamins B1, B2, K and P. Anti-inflammatory and protective properties also assist with tissue regeneration.

Shea Butter: Protects the skin from both environmental and free-radical damage. Containing Vitamins A and E, it has demonstrated both antimicrobial and anti-inflammatory properties.

Olive Butter: The softening, regenerative and antioxidant benefits and is a super nutrient rich moisturiser

Coconut Butter: Contains high concentrations of all 8 essential amino acids and contains almost all known anti-oxidants: C, B1, B5 and B6, the minerals zinc, manganese, copper, amino acid methionine, beta-carotene and Vitamin E.

Application

Salon use: Gently massage the required amount into each body area being treated using circular upward movements until fully absorbed.

Homecare use: Apply as needed to areas of the body in need of hydration and moisturisation using circular flowing movements until absorbed. May be used to moisturise and nourish localised areas of rough dry skin such as the elbows and knees.

Excellent for those with eczema type skin.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



ANTI-STRESS MASSAGE & BATH

MASSAGE & BATH OIL

The light citrus aroma of Sweet Orange and Mandarin coupled with a fragrant hint of French Lavender create a soothing and relaxing effect to a tired mind and stressed body. The warm comforting aroma of Marjoram and the detoxinating benefits of Grapefruit cleanse and detox the body to encourage balanced energy flow. A fusion of Petitgrain and Ylang Ylang creates the finishing touch to leave the body replenished and the mind fortified.

Skin type/condition:

Suitable for all skin types. Especially beneficial for those experiencing physical or mental stress, anxiety, insomnia, muscle or joint discomfort or those in need of relaxation.



INGREDIENTS

Vitis Vinifera Seed Oil
Caprylic/Capric Triglyceride
Laureth-3
Simmondsia Chinensis Oil
Tocopherol
Persea Gratissima
Triticum Vulgare
Citrus Reticulata
Citrus Aurantium Dulcis
Lavandula Angustifolia
Origanum Majorana
Citrus Paradisi
Citrus Aurantium
Cananga Odorata
Linalool
Limonene
Geraniol
Benzyl Benzoate
Benzyl Alcohol
Citral



COMMON NAME

Grapeseed
Caprylic/Capric Triglyceride
Laureth-3
Jojoba
Vitamin E
Avocado
Wheatgerm
Mandarin
Sweet Orange
Lavender
Marjoram
Grapefruit
Petitgrain
Ylang Ylang
Linalool
Limonene
Geraniol
Benzyl Benzoate
Benzyl Alcohol
Citral



PROPERTIES

Fatty acid content
Emollient
Solubiliser
Emollient
Vitamin E
Rich in Lecithin
Vitamin E
Calming
Harmonising
Balancing
Warming/ fortifying
Draining
Calming
Calming
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component



EFFECTS

Skin conditioning
Lubricant
Emulsifier
Moisturiser
Conditioning
Softening/moisturising
Preservative
Nervous tension
Digestive/lymphatic
Soothin/cleansing
Muscle/joint
Elimination
Nervous system
Tension
Natural component
Natural component
Natural component
Natural component
Natural component
Natural component

MASSAGE & BATH

Key ingredients

Essential Oils: The synergistic blend of Mandarin, Orange, Lavender, Marjoram, Grapefruit, Petitgrain and Ylang Ylang collectively calm the mind, strengthen the nervous system and help to restore balance and harmony.

Provides an excellent massage medium with calming, soothing oils for those in need of relaxation, may be added to bath water to create an aromatherapy bathing experience or added to **Eve Taylor® Spa Body Moisturiser** for enhanced nourishing benefits.

Homecare application

For massage: Pump desired amount into hand and apply to body. Massage using firm flowing circular movements.

For bath: Add 4-6 pumps into bath water. Relax in bath for 5-10 minutes and follow with normal cleansing routine. After bath pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

For moisturiser: Add desired amount to recommended **Eve Taylor® Spa Body Moisturiser**, blend together and apply to body in smooth upward movements.

Pregnancy:

Avoid use during the first trimester of pregnancy. May be used during the second and third trimester of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE SIZES

RETAIL PRODUCT 125ml



DETOX MASSAGE & BATH

MASSAGE & BATH OIL

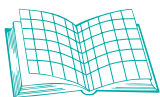
The warming qualities of Cinnamon and Thyme encourage circulation to improve elimination of toxins and help in the reduction of fluid retention. The purifying effects of Juniper, Lemon aid the elimination process. Geranium and Fennel aid skin integrity revitalising skin texture.

Skin type/condition:

Suitable for those experiencing bloating, fluid retention, toxic, congested skin or cellulite.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

Vitis Vinifera Seed Oil	Grapeseed	Fatty acid content	Skin conditioning
Caprylic/Capric Triglyceride	Caprylic/capric triglyceride	Emollient	Lubricant
Laureth-3	Laureth-3	Solubiliser	Emulsifier
Simmondsia Chinensis Oil	Jojoba	Emollient	Moisturiser
Tocopherol	Vitamin E	Vitamin E	Conditioning
Oenothera Biennes	Evening Primrose	Rich in GLA	Skin conditioning
Simmondsia Chinensis	Jojoba	High Vitamin E	Antioxidant
Persea Gratissima	Avocado	Rich in Lecithin	Softening/moisturising
Triticum Vulgare	Wheatgerm	High Vitamin E	Preservative
Cinnamomum Zeylanicum	Cinnamon	Warming	Improves circulation
Citrus Paradisi	Grapefruit	Draining	Elimination
Foeniculum Vulgare	Sweet Fennel	Purifying/ elimination	Improving skin texture
Juniperus Communis	Juniper Berry	Purifying	Elimination
Pelargonium Graveolens	Geranium	Conditioning	Skin Suppleness
Citrus Medica Limon	Lemon	Purifying/astringent	Elimination
Cupressus Sempervirens	Cypress	Tonic	Circulation
Thymus Vulgaris	Thyme	Warming	Circulation
Limonene	Limonene	Natural component	Natural component
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Eugenol	Eugenol	Natural component	Natural component

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Spa Body

MASSAGE & BATH

Key ingredients

Essential Oils: The synergistic blend of Cinnamon, Grapefruit, Sweet Fennel, Juniper Berry, Geranium, Lemon, Cypress and Thyme collectively detoxify and tone helping combat cellulite type deposits.

Provides an excellent massage medium with detoxifying oils for those in need of detoxification, may be added to bath water to create an aromatherapy bathing experience or added to **Eve Taylor® Spa Body Moisturiser** for enhanced nourishing benefits.

Homecare application

For massage: Pump desired amount into hand and apply to body. Massage using firm flowing circular movements.

For bath: Add 4-6 pumps into bath water. Relax in bath for 5-10 minutes and follow with normal cleansing routine. After bath pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

For moisturiser: Add desired amount to recommended **Eve Taylor® Spa Body Moisturiser**, blend together and apply to body in smooth upward movements.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Bath & Massage Blend** only.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

RETAIL
PRODUCT
125ml



UPLIFTING MASSAGE & BATH

MASSAGE & BATH OIL

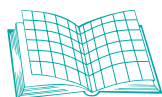
This blend is an ideal choice for clients with general body fatigue due to over exertion of physical activity. Excellent for active, sporty athletic types. Helps boost circulation encouraging improved oxygenation and drainage of toxins which may accumulate with exercise.

Skin type/condition:

Suitable for those requiring an energising treatment, physically active people or athletic/sporting types.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Vitis Vinifera Seed Oil	Grapeseed	Fatty acid content	Skin conditioning
Caprylic/Capric Triglyceride	Caprylic/capric triglyceride	Emollient	Lubricant
Laureth-3	Laureth-3	Solubiliser	Emulsifier
Simmondsia Chinensis Oil	Jojoba	Emollient	Moisturiser
Tocopherol	Vitamin E	Vitamin E	Conditioning
Persea Gratissima	Avocado	Rich in lecithin	Moisturising
Triticum vulgare	Wheatgerm	Vitamin E	Preservative
Citrus Limon	Lemon	Purifying/ astringent	Elimination
Juniperus Communis	Juniper Berry	Purifying	Elimination
Mentha Piperita	Peppermint	Stimulating	Circulation
Cupressus Sempervirens	Cypress	Tonic	Respiratory
Pelargonium Graveolens	Geranium	Conditioning	Skin suppleness
Cedrus Atlantica	Cedarwood	Tonic	Respiratory
Linalool	Linalool	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component

MASSAGE & BATH

Key ingredients

Essential Oils: The synergistic blend of Lemon, Juniper Berry, Peppermint, Cypress, Geranium and Cedarwood collectively increase circulation and elimination while toning the nerves.

Provides an excellent massage medium with uplifting oils for those in need of invigoration, may be added to bath water to create an aromatherapy bathing experience or added to **Eve Taylor® Spa Body Moisturiser** for enhanced nourishing benefits.

Homecare application

For massage: Pump desired amount into hand and apply to body. Massage using firm flowing circular movements.

For bath: Add 4-6 pumps into bath water. Relax in bath for 5-10 minutes and follow with normal cleansing routine. After bath pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

For moisturiser: Add desired amount to recommended **Eve Taylor® Spa Body Moisturiser**, blend together and apply to body in smooth upward movements.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Bath & Massage Blend** only.

Vegan friendly:

This product is suitable to be used by vegans.



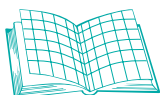
WELLBEING MASSAGE & BATH

MASSAGE & BATH OIL

This blend is an ideal choice for clients with emotional stress or tension. Helping to soothe the nerves this blend rebalances and brings a sense of inner comfort, peace and positive energy to the mind and body.

Skin type/condition:

Suitable for those requiring a soothing effect to the senses, those in need of comfort and those who need to bring a more positive outlook to the mind and body.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Vitis Vinifera Seed Oil	Grapeseed	Fatty acid content	Skin conditioning
Caprylic/Capric Triglyceride	Caprylic/capric triglyceride	Emollient	Lubricant
Laureth-3	Laureth-3	Solubiliser	Emulsifier
Simmondsia Chinensis Oil	Jjoba	Emollient	Moisturiser
Tocopherol	Vitamin E	Vitamin E	Conditioning
Persea Gratissima	Avocado	Rich in fatty acids	Moisturising
Triticum Vulgare	Wheatgerm	Vitamin E	Preservative
Simmondsia Chinensis	Jjoba	Nourishing	Moisturising
Citrus Limon	Lemon	Purifying	Elimination
Malaleuca Alternifolia	Tea Tree	Stimulating	Strengthening
Salvia Sclarea	Clary Sage	Relaxing	Soothes the mind
Citrus Aurantium	Neroli	Calming	Soothes the mind
Lavandula Angustifolia	Lavender	Relaxing	Comforting
Santalum Album	Sandalwood	Harmonising	Mind soothing
Linalool	Linalool	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Citral	Citral	Natural component	Natural component

MASSAGE & BATH

Key ingredients

Essential Oils: The synergistic blend of Lavender, Lemon, Tea Tree, Clary Sage, Sandalwood and Neroli collectively re-balance the mind and improve emotional stress.

Provides an excellent massage medium with comforting oils for those in need of a feeling of wellbeing, may be added to bath water to create an aromatherapy bathing experience or added to **Eve Taylor® Spa Body Moisturiser** for enhanced nourishing benefits.

Homecare application

For massage: Pump desired amount into hand and apply to body. Massage using firm flowing circular movements.

For bath: Add 4-6 pumps into bath water. Relax in bath for 5-10 minutes and follow with normal cleansing routine. After bath pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

For moisturiser: Add desired amount to recommended **Eve Taylor® Spa Body Moisturiser**, blend together and apply to body in smooth upward movements.

Pregnancy:

Avoid use during any stage of pregnancy.

During second and third trimester use **Anti-Stress Bath & Massage Blend** only.

Vegan friendly:

This product is suitable to be used by vegans.



BATH & SHOWER

ASTRELLE BATH & SHOWER

SOOTHE & HARMONISE

A soothing aromatic and deep cleansing body wash to leave the skin super clean and moisturised. May be used in shower or bath.

Skin type/condition:

Suitable for all skin types and conditions, especially for those requiring a soothing effect.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Laureth Sulfate	Sodium Laureth Sulfate	Surfactant	Cleansing
Cocamidopropyl Betaine	Cocamidopropyl Betaine	Surfactant	Cleansing
Sodium Chloride	Sodium Chloride	Astringent	Anti-septic
Propylene Glycol	Propylene Glycol	Wetting agent	Humectant
Cocamine Oxide Caprylyl Glycol	Cocamine Oxide Caprylyl Glycol	Surfactant	Cleansing
Glycol	Glycol	Conditioner	Moisturising
Citric Acid	Citric Acid	Preservative	pH adjuster
Glycol Distearate	Glycol Distearate	Conditioner	Moisturising
Aniba Rosaeodora	Rosewood	Anti-septic	Balancing
Lavandula Angustifolia	Lavender	Soothing	Repairing
Perlargonium Graveolens	Geranium	Conditioning	Skin suppleness
Salvia Sclarea	Clary Sage	Soothing	Tissue support
Rosmarinus Officinalis	Rosemary	Soothing	Anti-inflammatory
Pogostemon Cablin	Patchouli	Astringent	Conditioning
Ferula Galbaniflua	Galbanum	Tonic	Tissue tonic
Laureth 4	Laureth 4	Emulsifier	Conditioner
Polyquaternium 7	Polyquaternium 7	Emulsifier	Conditioning
Sodium Hydroxide	Sodium Hydroxide	pH adjuster	Acid balance
Tetrasodium EDTA	Tetrasodium EDTA	Preservative	Preservative
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Benzyl Benzoate	Benzyl Benzoate	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Citronellol	Citronellol	Natural component	Natural component
Citral	Citral	Natural component	Natural component

Key ingredients

Essential Oils: a subtle aroma with Lavender, Geranium, Clary Sage and Galbanum to ease away stresses of the day.

Cocamides: provides a soap free cleansing action to clean the skin without removing precious oils.

Aloe Vera: soothes and hydrates the skin.

A rich foaming pH balanced body wash to effectively cleanse the skin leaving it soft and supple.

This easy to use, hygienic body cleanser with a soothing blend of essential oils is ideal to use in the bath or shower at the end of a long day to calm the senses.

Homecare application

Dispense into hands, foam with water and cleanse body. Alternatively, may be dispensed to dampened wash cloth, exfoliating cloth or sponge. After bath/shower, pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

BATH & SHOWER

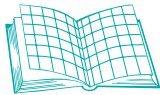
CITRELLE BATH & SHOWER

REFRESH & INVIGORATE

An invigorating deep cleansing body wash to leave the skin super clean and moisturised. May be used in shower or bath.

Skin type/condition:

Suitable for all skin types and conditions, especially for those requiring an invigorated, refreshed effect.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Laureth Sulfate	Sodium Laureth Sulfate	Surfactant	Cleansing
Cocamidopropyl Betaine	Cocamidopropyl Betaine	Surfactant	Cleansing
Sodium Chloride	Sodium Chloride	Astringent	Anti-septic
Propylene Glycol	Propylene Glycol	Wetting agent	Humectant
Cocamine Oxide	Cocamine Oxide	Surfactant	Cleansing
Caprylyl Glycol	Caprylyl Glycol	Conditioner	Moisturising
Citric Acid	Citric Acid	Preservative	pH adjuster
Glycol Distearate	Glycol Distearate	Conditioner	Moisturising
Aurantifolia	Lime	Astringent	Anti-septic
Citrus Aurantium Amara	Orange	Conditioning	Emollient
Juniperus Commumis	Juniperberry	Cleansing	Skin clearing
Lavendula Angustifolia	Lavender	Soothing	Repairing
Laureth 4	Laureth 4	Emulsifier	Conditioner
Polyquaternium 7	Polyquaternium 7	Emulsifier	Conditioning
Sodium Hydroxide	Sodium Hydroxide	pH adjuster	Acid balance
Tetrasodium EDTA	Tetrasodium EDTA	Preservative	Preservative
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Benzyl Benzoate	Benzyl Benzoate	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Citral	Citral	Natural component	Natural component

Key ingredients

Coconut cleansing agents: offer soap free cleansing.

Lime and Petitgrain: invigorate the senses.

Panthenol: moisturises while softening and smoothing the skin.

A rich foaming pH balanced body wash to effectively cleanse the skin leaving it soft and supple.

This easy to use, hygienic body cleanser with an invigorating aroma and blend of essential oils is ideal for the whole family to use leaving them refreshed for the day ahead.

Homecare application

Dispense into hands, foam with water and cleanse body. Alternatively, may be dispensed to dampened wash cloth, exfoliating cloth or sponge. After bath/shower, pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



BATH & SHOWER

CORELLE BATH & SHOWER

BALANCE & CLEAR

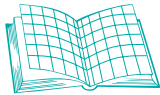
A balancing aromatic and deep cleansing body wash to leave the skin super clean and moisturised. May be used in shower or bath.

Skin type/condition:

Suitable for all skin types and conditions, especially for those requiring a balanced effect.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Laureth Sulfate	Sodium Laureth Sulfate	Surfactant	Cleansing
Cocamidopropyl Betaine	Cocamidopropyl Betaine	Surfactant	Cleansing
Sodium Chloride	Sodium Chloride	Astringent	Antiseptic
Propylene Glycol	Propylene Glycol	Wetting agent	Humectant
Cocamine Oxide	Cocamine Oxide Caprylyl	Surfactant	Cleansing
Caprylyl Glycol	Glycol	Conditioner	Moisturising
Citric Acid	Citric Acid	Preservative	pH adjuster
Glycol Distearate	Glycol Distearate	Conditioner	Moisturising
Lavendula Angustifolia	Lavender	Soothing	Repairing
Cymbopogon Schoenanthus	Lemongrass	Conditioning	Skin suppleness
Pelargonium Graveolens	Ylang Ylang	Astringent	Skin cleansing
Cananga Odorata	Geranium	Purifying	Regulating
Laureth 4	Laureth 4	Cleansing	Purifying
Polyquaternium 7	Polyquaternium 7	Emulsifier	Conditioner
Sodium Hydroxide	Sodium Hydroxide	Emulsifier	Conditioning
Tetrasodium EDTA	Tetrasodium EDTA	pH adjuster	Acid balance
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Sodium Benzoate	Sodium Benzoate	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Citronellol	Citronellol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Citral	Citral	Natural component	Natural component
Benzyl Salicylate	Benzyl Salicylate	Natural component	Natural component
Coumarin	Coumarin	Natural component	Natural component
Farnesol	Farnesol	Natural component	Natural component

Key ingredients

Coconut cleansing agents: offer soap free cleansing.

Glycerin: softens and hydrates the skin.

Essential Oils: Ylang Ylang, Lemongrass and Lavender provide a fresh aroma.

A rich foaming pH balanced body wash to effectively cleanse the skin leaving it soft and supple.

This easy to use, hygienic body cleanser with a balancing blend of essential oils is ideal to use in the bath or shower at the end of a long day to balance the senses and body.

Homecare application

Dispense into hands, foam with water and cleanse body. Alternatively, may be dispensed to dampened wash cloth, exfoliating cloth or sponge. After bath/shower, pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



RESTELLE BATH & SHOWER

REST & RELAX

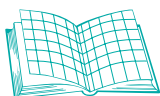
A cleansing, stress relief body wash to leave the skin super clean, nourished and relaxed. May be used in shower or bath.

Skin type/condition:

Suitable for all skin types and conditions, especially for those requiring a relaxing, de-stressing effect.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Laureth Sulfate	Sodium Laureth Sulfate	Surfactant	Cleansing
Cocamidopropyl Betaine	Cocamidopropyl Betaine	Surfactant	Cleansing
Sodium Chloride	Sodium Chloride	Astringent	Antiseptic
Propylene Glycol	Propylene Glycol	Wetting agent	Humectant
Cocamine Oxide	Cocamine Oxide Caprylyl	Surfactant	Cleansing
Caprylyl Glycol	Glycol	Conditioner	Moisturising
Citric Acid	Citric Acid	Preservative	pH adjuster
Glycol Distearate	Glycol Distearate	Conditioner	Moisturising
Citrus Aurantium Dulcis	Sweet Orange	Soothing	Mood uplifting
Citrus Paradisi	Grapefruit	Draining	Elimination
Lavandula Angustifolia	Lavender	Soothing	Relaxing
Citrus Aurantium	Petitgrain	Soothing	Tention easing
Cananga Odorata	Ylang Ylang	Soothing	Relaxing
Origanum Majorana	Marjoram	Comforting	Soothing
Laureth 4	Laureth 4	Emulsifier	Conditioner
Polyquaternium 7	Polyquaternium 7	Emulsifier	Conditioning
Sodium Hydroxide	Sodium Hydroxide	pH adjuster	Acid balance
Tetrasodium EDTA	Tetrasodium EDTA	Preservative	Preservative
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Sodium Benzoate	Sodium Benzoate	Natural component	Natural component
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Citronellol	Citronellol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Citral	Citral	Natural component	Natural component
Benzyl Benzoate	Benzyl Benzoate	Natural component	Natural component
Benzyl Alcohol	Benzyl Alcohol	Natural component	Natural component

BATH & SHOWER

Key ingredients

Coconut cleansing agents: offer soap free cleansing.

Glycerin: softens and hydrates the skin.

Essential Oils: Mandarin, Petitgrain and Lavender provide a unique, relaxing aroma.

A rich foaming pH balanced body wash to effectively cleanse the skin leaving it soft and supple.

This easy to use, hygienic body cleanser with a soothing blend of essential oils is ideal to use in the bath or shower at the end of a long day to calm the senses and help relax the body.

Homecare application

Dispense into hands, foam with water and cleanse body. Alternatively, may be dispensed to dampened wash cloth, exfoliating cloth or sponge. After bath/shower, pat skin dry and follow with application of recommended **Eve Taylor® Spa Body Moisturiser**.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

RETAIL
PRODUCT
200ml



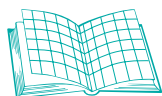
SPA HAND WASH

CLEANSE & SOFTEN

A soap free hand wash with exotic essential oils of Ylang Ylang and Lemongrass to invigorate the senses and offer deep cleansing benefits to gently remove skin impurities.

Skin type/condition:

Suitable for all skin types and conditions.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Laureth Sulfate	Sodium Laureth Sulfate	Surfactant	Cleansing
Cocamidopropyl Betaine	Cocamidopropyl Betaine	Surfactant	Cleansing
Sodium Chloride	Sodium Chloride	Astringent	Antiseptic
Propylene Glycol	Propylene Glycol	Wetting agent	Humectant
Cocamine Oxide	Cocamine Oxide	Surfactant	Cleansing
Caprylyl Glycol	Caprylyl Glycol	Conditioner	Moisturising
Citric Acid	Citric Acid	Preservative	pH adjuster
Glycol Distearate	Glycol Distearate	Conditioner	Moisturising
Lavendula Angustifolia	Lavender	Soothing	Repairing
Cymbopogon Schoenanthus	Lemongrass	Conditioning	Skin suppleness
Pelargonium Graveolens	Geranium	Astringent	Skin cleansing
Cananga Odorata	Ylang Ylang	Purifying	Regulating
Laureth 4	Laureth 4	Cleansing	Purifying
Polyquaternium 7	Polyquaternium 7	Emulsifier	Conditioner
Sodium Hydroxide	Sodium Hydroxide	Emulsifier	Conditioning
Tetrasodium EDTA	Tetrasodium EDTA	pH adjuster	Acid balance
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Sodium Benzoate	Sodium Benzoate	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Citronellol	Citronellol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component
Citral	Citral	Natural component	Natural component
Benzyl Salicylate	Benzyl Salicylate	Natural component	Natural component
Coumarin	Coumarin	Natural component	Natural component
Farnesol	Farnesol	Natural component	Natural component

HANDS

Key ingredients

Coconut cleansing agents: offer soap free cleansing.

Glycerin: softens and hydrates the skin.

Essential Oils: Ylang Ylang, Lemongrass and Lavender provide a fresh aroma.

A rich foaming pH balanced body wash to effectively cleanse the skin leaving it soft and supple.

This easy to use, hygienic hand wash with a balancing blend of essential oils is ideal to use in in the bathroom or kitchen areas to keep hands super clean and fresh.

Homecare application

Dispense into hands and foam with water. Continue to thoroughly wash hands using preferred technique. rinse with water and continue to apply **Hand & Nail Rescue Cream**.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



HAND & NAIL RESCUE CREAM SPF20

NOURISH & DEFEND

A lightweight, easily absorbed hand cream with built in UV protection, to nourish the hands and defends against damage.

Skin type/condition:

Suitable for all skin types and conditions.



INGREDIENTS

Aqua



COMMON NAME

Water



PROPERTIES

Solvent



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Helianthus Annuus	Sunflower Oil	Emollient	Nourishing
Glycine Soja	Soya	Amino acid rich	Reinforcing
Glycerin	Glycerin (Vegetable)	Humectant	Binds moisture
Ethylhexyl Methoxycinnamate	Octinoxate	UVB filter	Solar protection
Isodecyl Neopentanoate	Isodecyl Neopentanoate	Emollient	Moisturising
Hyaluronic Acid	Hyaluronic Acid	Humectant	Binds moisture
Butyl Methoxydibenzoylmethane	Avobenzone	UVA filter	Solar protection
Theobroma Cacao	Cocoa Butter	Emollient	Nourishing
Glyceryl Stearate	Glyceryl Stearate	Emulsifier	Skin conditioning
Phenylbenzimidazole Sulfonic Acid	Ensulizole	UVB filter	Solar protection
Dimethicone	Dimethicone	Silicone	Skin conditioning
Ceteareth - 20	Ceteareth - 20	Emulsifier	Water and oil attraction
Ceteareth - 12	Ceteareth - 12	Emulsifier	Water and oil attraction
Polysorbate 60	Polysorbate 60	Emulsifier	Thickener
Isohexadecane	Isohexadecane	Solvent	Emulsifier
Sodium Dehydroacetate	Sodium Dehydroacetate	Preservative	Preservative
Triethanolamine	Triethanolamine	Emulsifier	pH adjuster
Cetearyl Alcohol	Cetearyl Alcohol	Emulsifier	Skin softening
Cetyl Palmitate	Cetyl Palmitate	Thickener	Skin softening
Sodium Hydroxide	Sodium Hydroxide	pH adjuster	Acid balance
Aniba Rosaedora	Rosewood	Essential Oil	Reinforcing
Citrus Bergamia	Bergamot	Essential Oil	Anti-septic
Lavandula Angustifolia	Lavender	Essential Oil	Repairative
Melaleuca Alternifolia	Tea Tree	Essential Oil	Anti-bacterial
Hydroxyethyl Acrylate	Hydroxyethyl Acrylate	Gelling agent	Thickener
Acryloyldimethyl Tuarate Copolymer	Acryloyldimethyl Tuarate Copolymer	Gelling agent	Thickener
EDTA	EDTA	Chelating agent	Buffer
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

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Spa Body

HANDS

Key ingredients

Avobenzone and **Octinoxate** provide protection against UVA rays while guarding from UVB offering a broad spectrum sunscreen.

Sunflower and **Soybean Oil** provides emolliency and nourishment leaving skin and cuticles soft and moisturised.

Hyaluronic Acid and **Glycerine** hydrate the skin while silicones seal in moisture increasing the skins barrier function.

This nourishing hand cream guards against sun induced pigmentation helping reduce sun spots and age spots.

Essential oils of Lavender, Tea Tree and Rosewood provide an antiseptic quality and pleasing aroma. Absorbs easily with no greasy after feel.

Homecare application

After washing hands with **Spa Hand Wash**, massage regularly into hands and cuticles to combat dryness and keep skin supple. Apply 30 minutes before UV exposure for full sunscreen protection.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE SIZES

PROFESSIONAL PRODUCT
250ml



RETAIL PRODUCT
100ml



FOOT

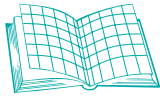
REVITALISING FOOT SOAK

CLEANSE & PURIFY

A light pearlised foaming gel provides effective gentle but thorough cleansing suitable for all skins. Incorporated with pure essential oils to combat foot odour due to excessive sweating with a cooling and revitalising sensation to the feet.

Skin type/condition:

Suitable for all skin types and conditions, especially for those with hot, tired feet.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Sodium Laureth Sulfate	Sodium Laureth Sulfate	Surfactant	Cleansing
Sodium Chloride	Sodium Chloride	Surfactant	Cleansing
Cocamine Oxide	Cocamine Oxide	Surfactant	Cleansing
Cocamidopropyl betaine	Cocamidopropyl Betaine	Surfactant	Cleansing
Lavandula Angustifolia	Lavender	Anti-septic	Soothing
Malaleuca Alternifolia	Tea Tree	Anti-bacterial	Anti-septic
Mentha Viridis	Spearmint	Cooling	Freshening
Citric Acid	Citric Acid	Preservative	pH adjuster
Tetrasodium EDTA	Tetrasodium EDTA	Emulsifier	Binder
Disodium EDTA	Disodium EDTA	Emulsifier	Binder
Glycol Distearate	Glycol Distearate	Conditioning	Moisturising
Polyquaternium 7	Polyquaternium 7	Emulsifier	Conditioning
Propylene Glycol	Propylene Glycol	Humectant	Hydrating
Caprylyl Glycol	Caprylyl Glycol	Conditioner	Moisturising
Laureth-4	Laureth-4	Emulsifier	Conditioning
Sodium Hydroxide	Sodium Hydroxide	pH adjuster	Acid balance
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Sodium Benzoate	Sodium Benzoate	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

Key ingredients

Spearmint: imparts an anti-septic and cooling effect.

Tea Tree: gives the foot soak deodorising properties from uncomfortable odours as well as guarding against bacteria with antiseptic properties.

Lavender: offers soothing, cooling and anti-septic benefits.

An ideal choice for soaking the feet to soften hard, rough skin during pedicures. Cleansing and deodorising to freshen the feet. The cooling and revitalising essential oils are a perfect "pick me up" for tired aching feet.

Application

Salon use: Pump a small amount of gel into a bowl and run with warm water over to foam. Immerse feet for 5-10 minutes then continue with pedicure. A revitalising foot soak could be offered at the start of a facial or body treatment to begin the relaxation process.

Homecare use: Pump a small amount of gel into a bowl and run with warm water over to foam. Immerse feet for 5-10 minutes. Pat feet dry and continue with **Reviving Foot Gel**, **Soothing Foot Gel** or **Conditioning Foot Lotion**.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



REVIVING FOOT GEL

COOL & REVIVE

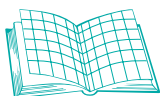
Refresh and revive the feet and ankles after long periods of inactivity with lemon to help boost circulation in this cooling foot gel. Cypress purifies and deodorises while Lavender combats bacteria with its anti-septic benefits.

Skin type/condition:

Suitable for all skin types and conditions, especially for those with hot, tired, swollen feet.



INGREDIENTS



COMMON NAME



PROPERTIES



EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Aloe Barbadensis Leaf Juice	Aloe Vera	Bulking agent	Hydrating
Glycerin	Glycerin	Humectant	Hydrating
Carbomer	Carbomer	Thickener	Thickener
Citrus Medica Limon	Lemon	Conditioning	Skin suppleness
Cyprinus Sempervirens	Cypress	Purifying	Deodorising
Lavandula Angustifolia	Lavender	Anti-septic	Calming
Sodium Hydroxide	Sodium Hydroxide	Preservative	pH adjuster
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Caprylyl Glycol	Caprylyl Glycol	Preservative	Preservative
Tetrasodium EDTA	Tetrasodium EDTA	Preservative	Preservative
Sodium Benzoate	Potassium Sorbate	Preservative	Preservative
Potassium Sorbate	Sodium Benzoate	Preservative	Preservative
Citric Acid	Citric Acid	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

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Spa Body

FOOT

Key ingredients

Lemon: is a superb tonic to increase circulation.

Cypress: to support circulation.

Lavender: imparts a cooling action on the feet.

Effective and easy to use throughout the day with easily absorbed formula. Brings relief from hot, heavy feet. Ideal for puffy feet and ankles due to sedentary occupations such as office workers and drivers.

Application

Salon use: Pump a small amount into hands and work lightly into feet and ankles until absorbed.

Homecare use: Pump a small amount into hands and work lightly into feet and ankles until absorbed. May be applied throughout the day as required.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

PROFESSIONAL
PRODUCT
500ml



RETAIL
PRODUCT
100ml



SOOTHING FOOT GEL

COOL & SOOTHE

Cool and soothe tired aching feet at the end of a long day with this essential oil infused foot gel. Rapidly absorbed into the skin to bring instant relief from sore hardworking feet.

Skin type/condition:

Suitable for all skin types and conditions, especially for those with sore, aching feet.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

INGREDIENTS	COMMON NAME	PROPERTIES	EFFECTS
Aqua	Water	Solvent	
Aloe Barbadensis Leaf Juice	Aloe Vera	Bulking agent	Hydrating
Glycerin	Glycerin	Humectant	Hydrating
Carbomer	Carbomer	Thickener	Thickener
Pelargonium Graveolens	Geranium	Conditioning	Skin suppleness
Cymbopogon Martini	Palmarosa	Anti-septic	Soothing
Lavandula Angustifolia	Lavender	Anti-septic	Calming
Cypressus Sempervirens	Cypress	Purifying	Deodorising
Sodium Hydroxide	Sodium Hydroxide	Preservative	pH adjuster
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Caprylyl Glycol	Caprylyl Glycol	Preservative	Preservative
Tetrasodium EDTA	Tetrasodium EDTA	Preservative	Preservative
Sodium Benzoate	Potassium Sorbate	Preservative	Preservative
Potassium Sorbate	Sodium Benzoate	Preservative	Preservative
Citric Acid	Citric Acid	Preservative	Preservative
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

Key ingredients

Geranium and Palmarosa: have anti-septic and deodorising effects, along with softening and hydrating the skin.

Lavender: to soothe and cool hot, tired feet

Cypress: offers purifying, deodorising and soothing properties.

Cooling and soothing for those in occupations that require long periods of standing and walking such as sales assistants, factory workers and nurses. The gel base is easily absorbed into the skin and can be used throughout the day.

Freshens the feet while soothing, relaxing and deodorising.

Application

Salon use: Pump a small amount into hands and work lightly into feet and ankles until absorbed.

Homecare use: Pump a small amount into hands and work lightly into feet and ankles until absorbed. May be applied throughout the day as required.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.



FOOT

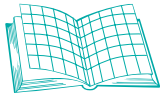
CONDITIONING FOOT LOTION

SOOTHE & SOFTEN

This lightweight moisturise lotion provides an easily absorbed non-greasy finish that hydrates, softens and moisturises the skin. With essential oils and botanical extracts to purify, soothe and cool the feet.

Skin type/condition:

Suitable for all skin types and conditions, especially for those with sore, aching feet.



INGREDIENTS

COMMON NAME

PROPERTIES

EFFECTS

Aqua	Aqua	Solvent Carrier	
Prunus Amygdalus Dulcis	Sweet Almond	Fatty acid rich	Nourishing
Glycerin	Glycerin	Humectant	Moisturising
Stearic Acid	Stearic Acid	Emulsifier	Skin softening
Cetearyl Alcohol	Cetearyl Alcohol	Emulsifier	Skin softening
Ceteareth - 20	Ceteareth - 20	Emulsifier	Skin softening
Dimethicone,	Dimethicone,	Silicone	Barrier building
Lavandula Angustifolia Extract	Lavender Flower Extract	Soothing	Calming
Chamomilla Recutita	Chamomile	Anti-inflammatory	Soothing
Symphytum Officinale	Comfrey	Healing	Repairing
Panax Ginseng	Ginseng	Saponin rich	Conditioning
Glycyrrhiza Glabra	Licorice	Brightening	Anti-inflammatory
Sodium PCA	Sodium PCA	Humectant	Hydrating
Tocopheryl Acetate	Tocopheryl Acetate	Vitamin E rich	Protecting
Carbomer	Carbomer	Thickener	Softening
Caprylyl Glycol	Caprylyl Glycol	Humectant	Nourishing
Decylene Glycol	Decylene Glycol	Humectant	Nourishing
Citric Acid	Citric Acid	Preservative	pH adjuster
Lactic Acid	Lactic Acid	Stabiliser	Stabiliser
Disodium EDTA	Disodium EDTA	Chelating agent	Thickener
Triethanolamine	Triethanolamine	Buffering agent	pH adjuster
Sodium Benzoate	Sodium Benzoate	Preservative	Preservative
Potassium Sorbate	Potassium Sorbate	Preservative	Preservative
Phenoxyethanol	Phenoxyethanol	Preservative	Preservative
Aniba Rosaeodora	Rosewood	Strengthening	Softening
Citrus Bergamia	Bergamot	Cooling	Soothing
Melaleuca Alternifolia	Tea Tree	Anti-septic	Deodorising
Lavandula Angustifolia	Lavender	Anti-inflammatory	Calming
Linalool	Linalool	Natural component	Natural component
Geraniol	Geraniol	Natural component	Natural component
Limonene	Limonene	Natural component	Natural component

Key ingredients

Bergamot: has cooling properties while soothing and comforting.

Rosewood: hydrates, softens and moisturises.

Tea Tree: provides a deodorising effect.

This hydrating lotion infused with Ginseng and Chamomile extracts, improve skin integrity. Non-greasy formula is ideal for foot and leg massage in pedicures, allows some slip and glide during the massage without leaving a slippery film on the feet.

The pure essential oils provide cooling and hydrating properties while the refreshing aroma soothes the senses.

Application

Salon use: Dispense required amount into hands and spread over feet ankles and lower legs during a pedicure.

For extra spreadability during leg and foot massage, add one pump of **Aqua-Mass**, mix together and massage in upward flowing movements.

Homecare use: Pump a small amount into hands and work lightly into feet and ankles until absorbed.

May be applied to the feet followed by moisturising socks for increased moisturising benefits.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

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Spa Body

AVAILABLE
SIZES

PROFESSIONAL
PRODUCT
500ml



RETAIL
PRODUCT
100ml



COMFORT SYNERGY GEL

IN TIMES OF NEED

An easily absorbed aromatherapy treatment gel to help reassure during times of need. Uplifting essential oils comfort the senses and soothe emotional burdens.

Skin type/condition:

All skin types and conditions, especially those during times of emotional distress, low mood, despair, bereavement or when comfort is needed.

This is the wearable gel version of our Hug in a Bottle Diffuser Blend.



INGREDIENTS INCI

Aqua (water), Aloe barbadensis Leaf Juice (Aloe vera), Glycerin, Carbomer, Phenoxyethanol, Caprylyl Glycol, Aniba Rosaeodora (Rosewood) wood oil, Rosa damascena (Rose otto) flower oil, Santalum album (Sandalwood) wood oil, Pelargonium graveolens (Geranium) flower oil, Lavandula angustifolia (Lavender) oil, Sodium Hydroxide, Tetrasodium EDTA, Citric Acid, Potassium Sorbate, Sodium Benzoate. Limonene, Linalool, Geraniol, Citral, Eugenol, Farnesol, Citronellol.

53

Spa Body

AROMATHERAPY GEL

Key ingredients

Essential Oils: A rich exotic blend with East Indian Sandalwood to comfort your feelings and hush your mind, whilst the uncompromising luxury of Damask Rose, gently soothes the senses and allows the burdens and emotional frustrations of the day to gently ebb away.

Application

Apply a thin layer to arms, upper chest and base of back as required to experience comforting benefits and soothing of emotional burdens.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

RETAIL
PRODUCT
50ml



SLEEPWELL SYNERGY GEL

PEACEFUL TRANQUILITY

An easily absorbed aromatherapy treatment gel to promote restful slumber and calm comfortable stillness.

Skin type/condition:

All skin types and conditions, especially those experiencing insomnia, restless sleep or poor sleep.

This is the wearable gel version of our Sleepwell Diffuser Blend.



INGREDIENTS INCI

Aqua (water), Aloe barbadensis Leaf Juice (Aloe vera), Glycerin, Carbomer, Phenoxyethanol, Caprylyl Glycol, Lavandula angustifolia oil (Lavender), Cedrus Atlantica wood oil (Cedarwood) Citrus aurantium dulcis peel oil (Orange), Valeriana officinalis root oil (Valerian root), Sodium Hydroxide, Tetrasodium EDTA, Citric Acid, Potassium Sorbate, Sodium Benzoate. Limonene, Linalool, Geraniol, Citral , Citronellol.

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Spa Body

AROMATHERAPY GEL

Key ingredients

Essential Oils: Rest in the dusky aroma of Moroccan Cedarwood and sweet Brazilian orange, as you gently drift into calm comfortable stillness. The freshness of high altitude lavender and the unmistakable benefits of Valerian root, soothe and transpose your breathing, your body and your mind into a peace and restful slumber.

Application

Apply a thin layer to shoulders, base of back and soles of feet before retiring to bed to encourage restful slumber.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

RETAIL
PRODUCT
50ml



WINTER SYNERGY GEL

WINTER CHILLS & ILLS

An easily absorbed aromatherapy treatment gel to impart clearing and cooling effects during the winter months and times of chills and ills. Deeply purifying essential oils decongest whilst enhancing with a warm crispness.

Skin type/condition:

All skin types and conditions, especially those experiencing winter chills and ills.

This is a wearable gel version of our Winter Diffuser Blend



INGREDIENTS INCI

Aqua (water), Aloe barbadensis Leaf Juice (Aloe vera), Glycerin, Carbomer, Phenoxyethanol, Caprylyl Glycol, Ravensara aromatica flower oil (Ravensara), Eucalyptus radiata leaf oil (Eucalyptus), Rosmarinus officinalis leaf oil (Rosemary), Cymbopogon martini (Palmarosa), Lavandula angustifolia oil (Lavender), Sodium Hydroxide, Tetrasodium EDTA, Citric Acid, Potassium Sorbate, Sodium Benzoate. Limonene, Linalool, Geraniol, Citral, Citronellol.

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Spa Body

AROMATHERAPY GEL

Key ingredients

Essential Oils: Tunisian Rosemary and minty Eucalyptus offer a clearing and cooling effect, whilst French alpine Lavender soothe and comfort. Ravensara offers anti-septic, deeply purifying properties and enhances with a warm crispness. Madagascan Palmarosa adds a note of greenery, clearing the mind and stimulating the senses.

Application

Apply a thin layer to upper chest area, base of back and soles of feet at times of chills or ills to experience clearing, decongesting effects.

Pregnancy:

May be used during any stage of pregnancy.

Vegan friendly:

This product is suitable to be used by vegans.

AVAILABLE
SIZES

RETAIL
PRODUCT
50ml



DIFFUSER BLENDS

One of the simplest, yet effective ways to introduce aromatherapy into any environment is through diffusion. More than just adding a pleasing aroma, Eve Taylor® diffuser blends are specially formulated to support emotional wellness and help you and your clients feel better, naturally.

Expertly hand blended, our 100% pure natural essential oil diffuser blends are small but mighty and address many concerns and emotional needs ranging from low mood or lack of motivation right through to infusing and purifying the air during the different seasons.

Being aware of how your client currently feels or how they would like to feel within the consultation allows you to select an appropriate diffuser blend, every time. If you just want a wonderful aroma in your room, the diffuser blends can be used to create that ambiance too.

How to use Eve Taylor® Diffuser Blends

Using Eve Taylor® diffuser blends is simple, and they can be diffused using various devices such as an 'oil burner' or a vapour diffuser unit, we recommend the Eve Taylor® Ultrasonic Diffuser. Simply dispense approximately 3 drops of chosen diffuser blend into 100ml of water in the main chamber and turn on the unit to diffuse the aromatherapy goodness into the air.

As an alternative, if a diffuser unit isn't available, or you wish to experience the benefits of the diffuser blends on the go, they may be applied to a tissue which can be inhaled regularly or dispensed onto the porous stone of a diffuser bracelet for on-the-go aromatherapy.

Pregnancy

Our diffuser blends are safe to use during any stage of pregnancy when following our usage recommendations of approximately 3 drops in 100ml of water. This will create a few parts per million of aromatic vapour in the air - enough to be registered by the olfactory system and offer therapeutic benefits without any negative impacts due to their dilution, allowing you to use them with confidence.

Diffusion & animals

When retailing our Diffuser Blends for home use, ensure your clients follow our usage recommendations of approximately 3 drops in 100ml of water. This will create a few parts per million of aromatic vapour in the air and pose no risk to pets and animals. If you wish to ensure optimum wellbeing for your pet, make sure you allow adequate ventilation and leave doors open so that the animal may leave the room if they wish. This will avoid any potential build-up of vapours over many hours in a confined space.

Also, be mindful of the blend you are using. A soothing blend like **Relax Diffuser Blend** or **Mother & Baby Diffuser Blend** would assist with keeping the animal calm; however, a stimulating blend such as **Recharge Diffuser Blend** wouldn't be appropriate if there was an animal in the room due to its invigorating, stimulating actions.

DIFFUSER BLENDS

Diffuser blend	Indications for use	Benefits	Key essential oils	Ingredients INCI
<p>Good Morning <i>Awaken to a refreshingly blissful day.</i></p>	<p>An ideal blend for those who feel sluggish or tired in the morning.</p> <p>Those who like a wide-awake feeling.</p> <p>Those who like to start the day with a positive and optimistic outlook.</p>	<p>Gives a gentle yet refreshing kick start to the day.</p> <p>Focuses the nervous system for a busy day ahead.</p> <p>Invigorates the senses and clarifies the mind.</p>	<p>Spearmint – gently focuses the mind and promotes a positive outlook with its fresh, sweet minty aroma.</p> <p>Basil – refreshes the mind and helps to calm anxiety by imparting its crisp herbaceous, liquorice-like aroma.</p> <p>Lime – the zesty citrus aroma lifts the mood and assists with soothing feelings of fatigue and a tired mind.</p> <p>Rosemary – clears the mind and aids mental focus for the day ahead with its citrus-like, herbaceous scent.</p>	<p>Ocimum Basilicum Oil (Basil), Citrus Aurantifolia (Lime), Rosmarinus Officinalis Leaf Oil (Rosemary), Mentha Viridis Leaf Oil (Spearmint).</p>
<p>Festivity <i>A festive bouquet full of celebratory cheer.</i></p>	<p>An ideal blend to use at times of celebration and festive revelry.</p> <p>Ideal for those who like a warm spicy, comforting aroma.</p>	<p>Creates a banquet of warm, comforting feelings.</p> <p>Encourages joyous memories around times of festivity and celebration.</p> <p>Lifts the mood to promote happy feelings.</p>	<p>Pimentoberry – warms and comforts the senses, encouraging a feeling of wellbeing with its spicy, clove like aroma.</p> <p>Benzoin – enhances the mood and promotes a feeling of positivity with its rich inviting vanilla tones.</p> <p>Bergamot – with its wonderful citrus tang to elevate the mood and alleviate stress for a more sunny disposition.</p> <p>Tangerine - helps to inspire a joyous mindset and positive memories.</p>	<p>Citrus Bergamia (Bergamot) Styx Benzoin (Benzoin), Citrus Reticulata (Tangerine) Pimenta Dioica (Pimentoberry).</p>

DIFFUSER BLENDS

Diffuser blend	Indications for use	Benefits	Key essential oils	Ingredients INCI
<p>Hug in a bottle <i>Comfort and reassurance in times of need.</i></p>	<p>An ideal blend for those in need of emotional reassurance and support.</p> <p>Those needing comfort following a shock, bad news or a bereavement.</p> <p>Those experiencing low mood or depression.</p>	<p>Comforts your feelings and promotes a feeling of reassurance.</p> <p>Soothes emotional burdens and frustrations.</p> <p>Calms the mind and helps stresses of the day to fade away.</p>	<p>Rosewood – an aromatic hug in a bottle, this wonderful grounding essential oil comforts and helps when feeling emotionally weary and overburdened.</p> <p>Rose Otto – offers deep emotional effects, soothing the deepest grief, anger, and fear; giving comfort in heart breaks, emotional losses and violated feelings with its gentle floral accord.</p> <p>Sandalwood - calming and harmonising, this woody aromatic oil soothes nervous depression, fear, stress, and a hectic daily lifestyle.</p>	<p>Lavandula Angustifolia Oil (Lavender), Pelargonium Graveolens Flower Oil (Geranium), Aniba Rosaeodora Wood Oil (Rosewood), Santalum Album Oil (Sandalwood), Rosa Damascena (Rose Otto).</p>
<p>Inspiration <i>Create an imaginative frame of mind.</i></p>	<p>An ideal blend for those who lack motivation.</p> <p>Those who experience inconsistent or over thinking.</p> <p>Those who need to focus the mind for study or before an exam.</p>	<p>Helps to sharpen the mind and fortify concentration.</p> <p>Encourages those with inanimate thoughts or lack of motivation.</p> <p>Boosts positivity for those 'Monday morning' feelings.</p>	<p>Clary Sage – uplifts the mood and revitalises scattered thinking, encouraging creativity and positive ideas.</p> <p>Basil – awakens the mind and brings clarity back into thoughts, promoting a feeling of clear mental focus and agility.</p> <p>Rosemary – fortifies concentration and mental agility in those with sluggish motivation.</p> <p>Lemon – improves concentration and helps decision making whilst preparing you for a busy day ahead.</p>	<p>Citrus Medica Limonum (Lemon), Ocimum Basilicum (Basil) Salvia Sclarea (Clary Sage), Rosmarinus Officinalis (Rosemary).</p>

DIFFUSER BLENDS

Diffuser blend	Indications for use	Benefits	Key essential oils	Ingredients INCI
<p>Mother & Baby <i>For calm and tranquil moments.</i></p>	<p>An ideal blend for tired parents with crying, irritated babies.</p> <p>Ideal to be used with small, frustrated children throwing temper tantrums.</p> <p>Also suitable for those (without babies) who are feeling highly strung and irritable.</p>	<p>Soothes irritability and takes the heat out of anger.</p> <p>Encourages peaceful feelings and tranquility.</p> <p>Reassures the emotions and gives a feeling of harmony and serenity.</p>	<p>Melissa – helps balance feelings of anxiety in those who are highly strung. Its sweet, lemony aroma harmonises the emotions and uplifts the spirits.</p> <p>Lavender – soothes the senses and encourages deep relaxation.</p> <p>Chamomile – the sweet herbal aroma brings a sense of calm during times of anger or irritability whilst assisting restful slumber.</p> <p>Rosewood - regarded for its grounding and comforting benefits to the emotions and balance the mood.</p>	<p>Anthemis Nobilis (Chamomile), Lavandula Angustifolia (Lavender), Melissa Officinalis (Melissa), Aniba Rosaedora (Rosewood).</p>
<p>Recharge <i>Energise the body, fortify the mind, animate the senses.</i></p>	<p>An ideal blend for those who require an invigorating boost for a long day ahead.</p> <p>Ideal for those who experience a mid-afternoon low.</p> <p>Those who wish to generally sharpen their mental focus.</p>	<p>Revitalises and energises the body.</p> <p>Fortifies the mind and encourages mental focus.</p> <p>Invigorates and revives during moments of fatigue.</p>	<p>Lemongrass – revives the mind and promotes a positive outlook with its pungent sweet citrus like aroma.</p> <p>Cypress - strengthens the nervous system, helping to restore balance in the mind.</p> <p>Galbanum – this rich resin oil helps to sharpen the mind, refreshing and reviving the senses.</p> <p>Peppermint – with its sharp spicy aroma to increase mental focus and promote a sense of alertness and concentration.</p>	<p>Lavandula Angustifolia Oil (Lavender), Cupressus Sempervirens (Cypress), Ferula Galbaniflua Resin (Galbanum), Cymbopogon Citratus (Lemongrass) Mentha Piperita (Peppermint).</p>

DIFFUSER BLENDS

Diffuser Blend	Indications for use	Benefits	Key essential oils	Ingredients INCI
<p>Relax <i>Unwind the mind and body.</i></p>	<p>An ideal blend for those with general tension and anxiety.</p> <p>Those who feel uptight and need to relax.</p>	<p>Helps to lift daily tension and anxiety.</p> <p>Encourages a feeling of general balance and grounding.</p> <p>Soothes low mood and negative thoughts.</p>	<p>Geranium – balances the emotions during times of anxiety and emotional transition and tension.</p> <p>Mandarin – often referred to as the happy oil, the soft sweet citrus aroma comforts the emotions and lifts negative feelings and thoughts.</p> <p>Patchouli – this rich, musky scented essential oil assists with emotional confidence and anxiety whilst boasting anti-depressive effects.</p> <p>Lavender - soothes and relaxes the mind of overactive thoughts.</p>	<p>Lavandula Angustifolia Oil (Lavender), Citrus Reticulata Peel Oil (Mandarin), Pelargonium Graveolens Flower Oil (Geranium), Pogostemon Cablin (Patchouli).</p>
<p>Romance <i>A liaison not to be missed.</i></p>	<p>An ideal blend for those who want amorous nights or lazy days with their partner.</p> <p>Those who wish to increase tactile togetherness. Suitable for those experiencing post-menopausal loss of libido.</p>	<p>Evokes and inspires the emotions.</p> <p>Arouses the senses and promotes increased libido.</p> <p>Encourages tactile interaction with special people.</p>	<p>Damiana – helps to arouse the senses and increase inner confidence to seize the moment.</p> <p>Patchouli – boosts emotional confidence and helps to rekindle trapped desires.</p> <p>Ylang Ylang – with its rich exotic scent, it increases feelings of self-esteem and encourages feelings of euphoria.</p> <p>Clary sage – helps to decrease stress hormones and stimulate mood-boosting properties for a positive outlook towards intimate interaction.</p> <p>Lime – stimulates the imagination and promotes an open mind.</p>	<p>Cananga Odorata Flower Oil (Ylang Ylang), Salvia Sclarea (Clary Sage), Citrus Aurantifolia (Lime), Pogostemon Cablin (Patchouli), Turnera Diffusa (Damiana)</p>

DIFFUSER BLENDS

Diffuser blend	Indications for use	Benefits	Key essential oils	Ingredients INCI
<p>Sleepwell <i>Recline in peaceful tranquillity.</i></p>	<p>An ideal blend for those with overactive thoughts that take time to fall asleep.</p> <p>Those experiencing insomnia.</p> <p>Those with a restless sleep pattern.</p>	<p>Helps you drift into a calm, comfortable stillness.</p> <p>Soothes the body and promotes feelings of tranquility.</p> <p>Transposes the mind into a deep peaceful slumber.</p>	<p>Valerian Root – <i>this</i> calming oil balances emotional influences with its rich earthy aroma, exerting a calming and restorative effect on the central nervous system, aiding deep relaxation.</p> <p>Cedarwood – soothes the mindset, eases tension, and offers emotional strength in times of low mood.</p> <p>Lavender - soothes and relaxes the mind whilst promoting restful sleep with its sweet floral aroma.</p> <p>Sweet Orange - calms and eases emotional tension with its gentle zesty aroma.</p>	<p>Lavandula Angustifolia Oil (Lavender), Cedrus Atlantica Bark Oil (Cedarwood), Citrus Aurantium Dulcis (Orange), Valeriana Officinalis Root (Valerian).</p>
<p>Summer <i>Bask in the freshness of pure summer air.</i></p>	<p>An ideal blend for those who experience poor air quality.</p> <p>Those who experience hay fever type allergies and those who require support through life's transitions and changes.</p>	<p>Ideal where poor air quality exists.</p> <p>Refreshes the air and encourages clear breathing.</p> <p>Gives a feeling of emotional support and helps restore calm.</p>	<p>Geranium – balances and comforts the emotions during times of anxiety and emotional transition with its sweet, herbaceous, floral aroma.</p> <p>Eucalyptus globulus – aids with clear breathing in areas of poor air quality, whilst helping to sharpen mental sluggishness and decreasing feelings of stress.</p> <p>Cypress - Strengthens an overburdened nervous system, helping to restore calm and releasing trapped emotions.</p>	<p>Lavandula Angustifolia Oil (Lavender), Pelargonium Graveolens (Geranium), Eucalyptus Globulus (Eucalyptus), Cupressus Sempervirens (Cypress), Santalum Album (Sandalwood).</p>

DIFFUSER BLENDS

Diffuser blend	Indications for use	Benefits	Key essential oils	Ingredients INCI
<p>Winter <i>The ideal solution for winter chills and ills.</i></p>	<p>An ideal blend for those who experience upper respiratory stress.</p> <p>Those with winter chills and ills.</p> <p>Those who wish to purify the air during cold season.</p>	<p>Cooling essential oils promote a decongesting effect.</p> <p>Clears the mind and stimulates the senses.</p> <p>Helps purify and refresh the air.</p> <p>Ideal solution for winter chills and ills.</p>	<p>Eucalyptus radiata – imparts decongesting effects to the sinuses and helps to ease upper respiratory stress with its fresh, minty camphorous aroma, whilst helping to sharpen mental sluggishness.</p> <p>Ravensara – infuses a warm crispness helping to cleanse the environment and soothing emotional discontent.</p> <p>Palmarosa – anti-septic actions defend against chills and ills whilst supporting the mood during emotional vulnerability.</p>	<p>Lavandula Angustifolia (Lavender), Eucalyptus Radiata (Eucalyptus), Rosmarinus Officinalis Leaf (Rosemary), Cymbopogon Martini (Palmarosa), Ravensara Aromatica (Ravensara)</p>

Considerations to make to create perfect Eve Taylor® Spa Body Treatments

Creating the perfect treatment for our clients involves care, consideration and preparation to ensure we are fully meeting both their needs and expectations. Taking on board certain elements of the treatment can be the difference between a mediocre treatment or an excellent treatment.

Considerations to make before the client arrives:

- Is the treatment booked as a functional body treatment or a luxury/pampering treatment?
- Is the treatment trolley stocked with all products needed and couch set up and ready?
- Are products prepared and placed in an appropriate warming device ready for application?
- Is the treatment space pre-warmed and at a suitable temperature?
- Does the treatment space have a suitable ambiance - lighting/aroma?

Considerations to make during the treatment:

- The full needs of the client are understood from the consultation and the treatment is appropriate.
- The client is happy with the temperature of the room and any background music being played.
- The technique and massage pressure is appropriate and comfortable for the client.
- The client is dried thoroughly as quickly as possible after product removal to reduce them feeling cold.

Considerations to make after the treatment:

- Have you given the client full aftercare advice?
- Have you recommended products suitable to achieve ongoing results?
- Have you created a treatment plan with realistic expectations to see ongoing improvements?
- Does the client fully understand the expectations for ongoing improvements? - diet/lifestyle adjustments.

Eve Taylor® Spa Body Treatment Checklist

Spa Supplies:

- Dry body brush
- 5ml Scoop/teaspoon
- 50ml Scoop/measure
- Spatulas
- Eve Taylor® Flexible bowls
- Measuring Jug
- Plastic Spa Sheet (disposable wrap)
- Bath towels
- Hand towels
- Disposable underwear
- Shower cap
- Warm blanket or thermal blanket

Product removal options:

- Bowls and tueling mitts
- Steam towel caddy and towels
- Shower
- Wet bed and Vichy shower

RELAXING FULL BODY TREATMENT (60 / 120 MINUTES)

A full body treatment experience to deeply relax the body and mind.

Skin type/condition:

All skin types and conditions.

Treatment time:

60 minutes without massage.

120 minutes including massage.

Treatment description:

Discover the ultimate feeling of relaxation and wellbeing with our signature full body treatment. Skin buffing sea salts will smooth the skin to perfection before the expert application of potent aromatic oils. A luxurious heating body wrap will be applied to your full body and cocooned for warmth and comfort. Nourishing moisturisers finalise the treatment leaving you feeling fresh, restored and revitalised. (60 minutes).

Homecare products to recommend:

Anti-stress Massage & Bath Blend
Relaxing Body Serum (No.10)
Rescue & Repair Moisturiser

1. Have client wear disposable underwear, remove all jewellery and obstructive piercings. Bed should be draped with blanket, towels, plastic spa sheet, towels and couch roll on top for client to lie on.
2. Wet mitts in warm water with a few drops of **Peppermint Hydrolat** added and cleanse hands and feet. Press feet dry with a towel.
3. Exposing one body area at a time, with client lying face up begin dry body brushing on feet, legs, arms and décolleté. Finish with clockwise, circular strokes on the abdomen.
4. Mix 10ml of **Salt & Seaweed Scrub** with 6 pumps of **Aqua-Mass** and 2 pumps of **Relaxing Body Serum (No.10)** to a paste consistency. Using light circular movements work over each body area. With steam towels or warm, damp mitts remove scrub mixture and dry each area with towel.
5. Turn client onto back and brush feet, legs, hips, buttocks, back and back of arms.
6. Continue to exfoliate the back of the body removing all traces of product when completed.
7. Apply **Relaxing Body Serum (No.10)** followed by **Anti-Stress Body Massage Oil** and proceed with **Eve Taylor® Aromatherapy Back Massage** (see routine) or massage of choice, working the back of the body. Alternatively, if body massage is being omitted, just apply **Relaxing Body Serum (No.10)** to back of body.
8. Turn client and repeat step 7 to front of the body.
9. Ensuring spa sheet is in place, prepare **Hydra-Thermal Body Wrap** and using the 'one hand clean, one hand dirty' method apply quickly to all parts of the body. Alternatively use 2 body mask brushes and apply in long slow rhythmic strokes to assist the relaxation effects. Start with client sitting upright apply to back, lie client back down, apply to the back of bent legs, front of legs, arms, abdomen and finishing at décolleté. Ensure the client is fully wrapped in the spa sheet, and cover with blanket or towels to keep warm.
10. While **Hydra-Thermal Body Wrap** is on the skin perform scalp, face or foot massage.
 11. After 20-30 minutes reveal one area at a time and remove **Hydra-Thermal Body Wrap** from legs, abdomen, décolleté, arms and back with steam towels or mitts customised with **Hydrolat**. Ensure all product is removed thoroughly and fold spa sheet in on itself to reduce re-application to clients skin, towelling or to therapists uniform. Remove spa sheet from treatment couch and dispose.
 12. Apply **Treatment Gel** if required to areas of concern and allow to absorb into skin, follow with appropriate **Eve Taylor® Spa Body Moisturiser** and apply to back, décolleté, arms, abdomen and legs.
 13. Perform foot and ankle stretch. Assist the client off the couch and serve a glass of water with a slice of lemon. Fill out **Eve Taylor® Prescription Sheet** and give product and homecare recommendations suitable for clients needs.

DETOXIFYING FULL BODY TREATMENT (60 / 120 MINUTES)

A full body treatment experience to detoxify and renew.

Skin type/condition:

Clients with fluid retention, bloating or those in need of detoxifying

Treatment time:

60 minutes without massage.
120 minutes including massage.

Treatment description:

Refresh and renew with this highly detoxifying full body treatment. Marine salts assist the buffing away of dulling skin cells ready for potent aromatics to be infused into the skin. A highly active seaweed body wrap will purge toxins and remineralise the skin. A skin drenching moisturising blend finalising the treatment leaving your skin feeling silky soft, smooth and glowing. (60 minutes).

Homecare products to recommend:

Exfoliating Mousse
Eliminating Body Serum (No.11)
Cellu-lose Contour Cream

1. Have client wear disposable underwear, remove all jewellery and obstructive piercings. Bed should be draped with blanket, towels, plastic spa sheet, towels and couch roll on top for client to lie on.
2. Wet mitts in warm water with a few drops of **Peppermint Hydrolat** added and cleanse hands and feet. Press feet dry with a towel.
3. Exposing one body area at a time, with client lying face up begin dry body brushing on feet, legs, arms and décolleté. Finish with clockwise, circular strokes on the abdomen.
4. Mix 10ml of **Salt & Seaweed Scrub** with 6 pumps of **Aqua-Mass** and 2 pumps of **Eliminating Body Serum (No.11)** to a paste consistency. Using light circular movements work over each body area. With steam towels or warm, damp mitts remove scrub mixture and dry each area with towel.
5. Turn client onto back and brush feet, legs, hips, buttocks, back and back of arms.
6. Continue to exfoliate the back of the body removing all traces of product when completed.
7. Apply **Eliminating Body Serum (No.11)** followed by **Cellulite Body Massage Oil** and proceed with **Eve Taylor® Aromatherapy Back Massage** (see routine) or massage of choice, working the back of the body. Alternatively, if body massage is being omitted, just smooth **Eliminating Body Serum** to back of body.
8. Turn client and repeat step 7 to front of the body.
9. Ensuring spa sheet is in place, prepare **Marine Body Wrap** customised with **Eliminating Body Serum (No.11)** and using the 'one hand clean, one hand dirty' method apply quickly to all parts of the body. Start with client sitting upright apply to back, lie client back down, apply to the back of bent legs, front of legs, arms, abdomen and finishing at décolleté. Ensure the client is fully wrapped in the spa sheet, and cover with blanket or towels to keep warm.
10. While **Marine Mud Body Wrap** is on the skin perform scalp, face or foot massage.
11. After 20-30 minutes reveal one area at a time and remove **Marine Mud Body Wrap** from legs, abdomen, décolleté, arms and back with steam towels or mitts customised with **Hydrolat**. Ensure all product is removed thoroughly and fold spa sheet in on itself to reduce re-application to clients skin, towelling or to therapists uniform. Remove spa sheet from treatment couch and dispose.
12. Apply **Treatment Gel** if required to areas of concern and allow to absorb into skin, follow with **Cellu-lose Contour Cream** and apply to back, décolleté, arms, abdomen and legs.
13. Perform foot and ankle stretch. Assist the client off the couch and serve a glass of water with a slice of lemon. Fill out **Eve Taylor® Prescription Sheet** and give product and homecare recommendations suitable for clients needs.

BODY GLOW! FULL BODY EXFOLIATION (30 MINUTES)

Full body exfoliation to leave the skin soft, smooth and glowing.

Skin type/condition:

Clients with dry flakey skin, or those in need of full body exfoliation. May be offered as a pre spray tan option or before full body massage.

Treatment time:

30 minutes.

Treatment description:

Our finely ground sea salt gently but intensively buffs away dull, dry skin cells leaving the skin smooth and brightened. Skin drenching moisturisers conclude the treatment leaving skin feeling soft and hydrated. (30 minutes).

Homecare products to recommend:

Exfoliating Mousse
Rescue & Repair Moisturiser
Moisturising Body Butter

1. Prepare **Salt & Seaweed Scrub** by mixing 10ml with 6-8 pumps of **Aqua-Mass** until a paste consistency is achieved. (place in hot towel cabinet to pre-warm if available).
2. Begin with client lying face down on a piece of disposable couch cover or bedroll, cleanse the hands and feet with hot mitts customised with **Chamomile Hydrolat**. Have toweling draped over client to keep warm.
3. Remove toweling one body area at a time and begin dry body brushing on feet, legs buttocks and back using brisk intentional movements. Always work in an upwards direction towards the nearest lymph node.
4. Apply a small amount of **Salt & Seaweed Scrub** to each area and using light circular or free flowing movements, exfoliate each body part; focus on any areas of skin build up, flakiness, roughness or pigmentation.
5. Using steam towels or mitts customised with **Chamomile Hydrolat**, remove scrub mixture and dry each area with a towel.
6. Keep toweling in place for client modesty, ask client to turn over.
7. Repeat dry body brushing of each body part followed by exfoliation. Remove thoroughly and dry client. Disposable couch cover or bedroll should be removed and disposed of at this point.
8. (Optional step) Perform body massage or application of spray tan may be carried out at this point.
9. Ask client to sit up and apply **Rescue & Repair Moisturiser** to the back, then lay back down.
10. Ask client to bend knees while you apply product to the back of the legs followed by the front.
11. Continue to moisturise entire upper body including abdomen, décolleté and arms.
12. Finally apply **Moisturising Body Butter** to knees and elbows if areas are dry.

LEGS, BUM & TUM DETOX TREATMENT (60 MINUTES)

A detoxifying treatment for those with cellulite or toxic build up.

Skin type/condition:

Clients with cellulite or toxic build up in the 'lazy areas'.

Treatment time:

60 minutes.

Treatment description:

Flush and cleanse the "lazy areas" of the body with the Legs, Bum & Tum Detox Treatment. Combining expert massage techniques with our blend of pure essential oils specifically formulated to warm, stimulate and eliminate toxins leaving the skin smoother, fresher and more vibrant. A detoxifying body mask is smoothed over the area infusing marine extracts into the skin for enhanced results. (60 minutes).

Homecare products to recommend:

Exfoliating Mousse

Cellulite Body Serum (Specifics.302)

Cellu-lose Contour Cream

1. With client lying face down, Remove towel on one body area at a time and begin dry body brushing on feet, legs and buttocks using brisk intentional movements, working in an upwards direction towards the nearest lymph nodes.
2. Exfoliate the same areas using **Exfoliating Mousse**. Spread onto the skin and work in upward circular movements. For additional spreadability wet hands and repeat movements. Remove with steam towels or hot mitts customised with Peppermint Hydrolat.
3. Apply 1 pump of **Cellulite Body Serum (Specifics.302)** by pressing onto back of thighs and buttocks. Proceed with **Eve Taylor® Deep Tissue Massage**, (see routine).
4. Repeat steps 1-3 on hips, then ask client to turn onto their back.
5. With client now laying on their back, continue to repeat steps 1-3 on the front of each leg.
6. Repeat steps 1 & 2 on the abdomen area. Apply 1 pump of **Cellulite Body Serum (Specifics.302)** and perform **Eve Taylor® Abdomen Massage**, (see routine).
7. Ask client to bend right leg at the knee and bend towards the centre of the bed and apply **Marine Mud Body Wrap** to the thigh and buttock. Wrap in appropriate covering (spa sheet or foil blanket).
8. Repeat application on outer left thigh and buttock.
9. Apply **Marine Mud Body Wrap** to abdomen and place spa sheet or foil blanket over the top.
10. **Marine Mud Body Wrap** should be left on the skin for 15 minutes. Cover client with towel/blanket to keep warm.
11. Remove with steam towels or hot mitts customised with **Peppermint Hydrolat**.
12. Ask the client to bend their leg at the knee and apply **Cellu-lose Contour Cream** to the front and back of thigh, followed by the buttock area.
13. Finalise the treatment with application of **Cellu-lose Contour Cream** to the abdomen area.

ANTI-STRESS BACK TREATMENT (60 MINUTES)

A deeply relaxing back treatment including back massage.

Skin type/condition:

All skin types and conditions.

Treatment time:

60 minutes.

Treatment description:

Drift away on an aromatic journey to a world of relaxation. Hand blended essential oils give you the ultimate in relaxation combined with the power of touch and expert massage techniques. A thermal body mask helps to ease any discomfort and tension leaving your mind and body soothed and refreshed. (60 minutes).

Homecare products to recommend:

Anti-stress Massage & Bath Blend
Relaxing Body Serum (No.10)
Rescue & Repair Moisturiser

1. Begin with client lying face down, exposing the back area to the base of the sacrum and begin dry body brushing with long flowing, stroking movements. Alternate between the body brush and your free hand in the direction of the nearest lymph nodes.
2. Using **Anti-Stress Body Massage Oil** (pre-warmed in towel cabinet if available) start by applying in long slow flowing strokes.
3. Perform **Eve Taylor® Aromatherapy Back Massage** (see routine).
4. 100ml (2 scoops) of **Hydra-Thermal Body Wrap** with 90ml of warm water and stir until a homogenous paste is achieved. Using 2 body mask brushes apply to the back using long slow intentional movements until entire back is covered.
Place disposable spa sheet over and cover with towels to keep client warm. Leave on skin for 15 minutes.
5. Continue to massage base of scalp, arms or feet.
6. Remove **Hydra-Thermal Body Wrap** using hot steam towels or Hot mitts customised with **Hydrolat**. Ensure client is completely dried with towel.
7. Finalise treatment with application of **Rescue & Repair Moisturiser** or **Moisturising Body Butter**.

PURIFYING BACK TREATMENT (30 MINUTES)

A deep cleansing back treatment for those with congested, breakout prone or acne skin.

Skin type/condition:

Clients with congestion, breakouts or acne on the back area.

Treatment time:

30 minutes.

Treatment description:

Using purifying essential oils to deep cleanse and unclog the skin this treatment targets a problematic back area. Zones in on breakouts to help clear blemishes with powerful botanicals while our detoxifying seaweed mask deep cleanses and re-mineralises the skin. (30 minutes).

Homecare products to recommend:

Corelle Bath & Shower Gel
Clearing Aromatic Serum
Rescue & Repair Moisturiser

1. Begin with client lying face down, exposing the back area to the base of the sacrum. Dispense **Corelle Bath & Shower Gel** (or **Clarifying Skin Wash** if client has breakouts) into wet hands and foam with warm water. Spread evenly over area and cleanse thoroughly using circular movements with flat hands.
2. Remove thoroughly with steam towels / hot mitts customised with **Lavender Hydrolat**.
3. Mix 5ml of **Salt & Seaweed Scrub** with 3 pumps of **Aqua-Mass** to a paste consistency and apply to back in 3 long flowing strokes and work into the skin using circular movements. Concentrate on areas of congestion and use light pressure on any breakout prone areas.
4. Remove thoroughly with steam towels / hot mitts customised with **Lavender Hydrolat**. Dry client thoroughly with towel.
5. (Optional step) Dispense 3-4 pumps of **Desincrustation Gel** into a small bowl and whisk with brush until a foam consistency is achieved. Apply to any areas of congestion for 5 minutes. (Steam may be used at this time if available). Perform extractions and blot extracted area with **Lavender Hydrolat**.
6. Gently spread 12 drops of **Clearing Aromatic Serum** to back area.
7. Place 50ml (1 scoop) of **Marine Mud Body Wrap** in bowl and customise with 5-10 drops of **Clearing Aromatic Serum**. Stir into a pliable consistency and smooth over entire back area. Cover with disposable spa sheet and towel for warmth and comfort. Leave on skin for 10 minutes.
8. Massage arms with **Clearing Massage Oil**.
9. Remove **Marine Mud Body Wrap** thoroughly with steam towels / hot mitts customised with **Lavender Hydrolat**. Dry client thoroughly with towel.
10. Finalise treatment with application of **Rescue & Repair Mosituriser** customised with **Lavender Hydrolat** to entire back area.

CRYO-FIRM - FOR ARMS / BUST / LEGS / STOMACH (45 MINUTES)

An intensley cooling, firming and toning treatment for those with loose tissue or skin slackening.

Skin type/condition:

Clients with loose skin in need of firming on the back of arms, stomach or bust area.

Treatment time:

45 minues.

Treatment description:

This fucntional treatment focusses on areas of loose skin tissue such as the arms, bust or stomach. Replenishing botanicals combined with expert massage techniques assist to tone and improve the skin. The intensley cooling action of the specialist products will leave skin feeling firm, taught and supple. (45 minutes).

Homecare products to recommend:

Exfoliating Mousse
Replenishing Body Serum (Specifics.303)
Rescue & Repair Moisturiser

1. Prepare a large rinse bowl of cold water customised with 50ml of **Peppermint Hydrolat**.
2. Expose one area at a time and begin dry body brushing with flowing, stroking movements. Alternate between the body brush and your free hand in the direction of the nearest lymph nodes.
3. Apply **Exfoliating Mousse** to area and continue to exfoliate area using circular flowing movements. For additional spreadibility wet hands and repeat movements. Remove with cold mitts customised with **Peppermint Hydrolat**.
4. Apply a generous layer of **Ice Tone Gel** to area and allow to absorb into the skin.
5. Apply 2 pumps of **Replenishing Body Serum (Specifics. 303)** to the area. If performing massage apply **Body Firming Massage Oil** for arm or stomach area or **Bust Firming Massage Oil** for bust area, over the top to provide a multi-level massage.
6. Mix 4 level scoops (200grams) of **Toning Mask** with 140ml of Peppermint Hydrolat. This is an average quantity, the amount of mask needed will vary depend on body size. (Use a ratio 1 level scoop (50grams) of mask to 35ml of **Peppermint Hydrolat** thereafter). Stir quickly until a smooth paste is achieved. Apply immediately to area ensuring edges are thick. Place bed roll over the top of **Toning Mask** to adhere in place and stop any potential running. Allow **Toning Mask** to set on the skin for 15 minutes. Cover client with towel/blanket to keep warm.
8. Peel away **Toning Mask** and bed roll from area applied, removing any traces of mask with cold mitts customised with **Peppermint Hydrolat**.
9. Apply a second layer of **Ice Tone Gel** to the area and allow to absorb into the skin.
10. Finalise the treatment with application of **Rescue & Repair Moisturiser**.

RELAXING HAND RITUAL (30 MINUTES)

A relaxing hand treatment to offer as a stand alone hand treatment or as an add-on to a luxury manicure.

Skin type/condition:

All skin types and conditions.

Treatment time:

30 minutes.

Treatment description:

Treat your hands to a relaxing hand ritual. Dulling skin cells are buffed away before deeply soothing warm wax and rich butters nurture the skin and nourish dry skin. Luxury aromatic oils calm the senses and help you take the stress out of your day. (30 minutes).

Homecare products to recommend:

Anti-Stress Massage & Bath
Hand & Nail Rescue Cream SPF20

1. Seat the client comfortably and ask to place both hands on a dry towel. Prepare a bowl of warm water and add a small amount of **Restelle Body Wash** and agitate until a foam is achieved. Immerse towelling mitts into the water and wring out excess; continue to cleanse each hand then pat dry with towel.
2. Mix **Salt & Seaweed Scrub** with **Anti-Stress Massage & Bath** into a paste consistency and apply to hands, continue to exfoliate the hands in slow circular movements. Remove using damp towelling mitts, or ask the client to immerse their hands into the water bowl to rinse. Thoroughly dry the hands with towel.
3. Perform a hand and arm massage using **Relax & Self Indulgent Aromawax Candle**. Blot any residual wax or oil from the skin at the end with a towelling mitt.
4. Apply a generous layer of **Moisturising Body Butter** to the hands as a rich nourishing hand mask. Place hands in protector bags, then wrap each in a towel to maintain warmth. Alternatively place in heated mitts if available.
5. While the client is relaxing with their hands in the mitts, perform a scalp massage, or shoulder massage (this can be done through clothing).
6. Remove hands from towelling and protector bags. Remove any residue from the hands with towelling mitts.
7. Apply **Hand & Nail Rescue Cream SPF20** to backs of hands and continue to massage into skin until absorbed.

COOLING FOOT RITUAL (30 MINUTES)

Put a spring in your clients step with this fresh and cooling foot treatment. Designed to be used as a stand alone foot treatment or added into your existing pedicure routine.

Skin type/condition:

All skin types and conditions, especially those with hot, tired feet.

Treatment time:

30 minutes.

Treatment description:

This cooling foot treatment is the perfect solution for hot tired restless feet. Intensive exfoliation smooth even the roughest feet before soothing, hydrating gels are applied to refresh and revitalise. You will leave feeling like you're walking on air.(30 minutes).

Homecare products to recommend:

Revitalising Foot Soak
Reviving Foot Gel
Ice Tone Gel

1. Immerse the feet into a bowl of warm water infused with **Revitalising Foot Soak**.
2. Remove one foot at a time and blot dry with towel. Apply **Exfoliating Mousse** to the sole, heel and top of the foot and exfoliate in circular movements. Water may be added for additional cleansing and foaming actions. Remove with warm damp towelling mitts or immerse in water bowl to rinse. Dry thoroughly with towel. Repeat on second foot.
3. Massage **Soothing Foot Gel** or **Revitalising Foot Gel** into the foot and ankle.
4. Massage **Conditioning Foot Lotion** into the lower leg.
5. For clients with swollen ankles or restless legs apply a thin layer of **Ice Tone Gel** to cool, soothe and refresh (optional).
6. Finally mist **Peppermint Hydrolat** over the foot and lower leg to create a lasting fresh feeling.

Eve Taylor[®] Spa Body Massage Techniques

Eve Taylor[®] Aromatherapy Back Massage

- 1 With right hand, stroke a small amount of chosen **Body Massage Oil** or **AromaWax** down client's spine to 'set the scene' for the treatment.
- 2 Place left hand on top of client's head
Place right hand on back of neck for 10 counts
Right hand between scapulae for 10 counts
Right hand on 'bra-line' for 10 counts
Right hand on waist line for 10 counts
Right hand on sacrum for 10 counts
- 3 Perform 3 way stretch
- 4 Apply chosen **Body Massage Oil** or **AromaWax** with 6 cross over effleurage movements followed by 6 reverse effleurage movements
- 5 Thumb pressures with slight rotation on the left side of the occipital bone, from ear to centre neck, then finger pressures on the right side, from ear to centre. The left hand resting on the crown of the client's head. Repeat 3 times.
- 6 Grasping movement using fingers and thumb at the back of the neck.
- 7 Place arms by sides, and perform 6 cross over effleurage movements.
- 8 Perform 6 reverse effleurage movements.
- 9 Deep thumb pressures on either side of the spine. Pressing then releasing sliding upwards each time. Repeat 3 times from the base to the top of the spine alternately.
- 10 Double handed kneading up the back 6 times.
- 11 'Piano' drainage on either side of the spine. Place fingers parallel with the base of the spine and push outwards- place fingers at the middle of the spine and push outwards, place fingers at top of spine and push outwards. Repeat 3 times each side alternately.
- 12 Effleurage 3 times over hips.
- 13 Deep thumb kneading 3 times to the sacrum and iliac crest.
- 14 Skin rolling to the sacrum region.
- 15 Effleurage 3 times over hips.
- 16 Effleurage 3 times over kidney area, lightly pausing over kidney area.
- 17 Thumb knead up either side of the spine 3 times.
- 18 Running vibrations down either side of the spine 3 times.
- 19 Sweeping effleurage up back to axillae. Press gently with thumbs over axillary lymph glands, slide hands down to elbows, and press gently with thumbs to supra trochee lymph nodes, slide to palm of hands, and press with fingertips. Repeat 3 times. On the third movement, clasp the client's wrists and gently pull downwards.
- 20 Figure of '8' effleurage over the scapulae, 6 times in each direction.
- 21 Effleurage to shoulder girdle - searching for tension nodules in the trapezius. Use petrissage movements in this area.
- 22 Standing at the top of the couch, with one hand on top of the other in full contact with the spine, slide up the spine 3 times. On the third turn hands, press gently on occipital bone, divide hands caressing sides of head and off.

Eve Taylor[®] Spa Body Massage Techniques

Eve Taylor[®] Aromatherapy Leg Massage

Back of Leg

- 1 Apply **Body Massage Oil** or **AromaWax** using effleurage movements to soles of feet and back of leg 6 times.
- 2 Thumb knead base of foot generally 3 times.
- 3 Knead around the ankles 3 times.
- 4 On left leg use thumbs to drain lower leg to popliteal nodes 3 times.
- 5 Elevate lower leg and support, with other hand drain to popliteal, using whole surface of hand 3 times.
- 6 'Piano' drainage to back of thigh, 3 sets of 3 to inguinals.
- 7 Effleurage leg 6 times.
- 8 Repeat 4 - 7 on right leg.
- 9 Standing at the end of the bed, stroke the soles of the feet, heels and around ankles; gently pump to the popliteal nodes at the back of the knees, pause above popliteal, slide up to base of buttocks, apply pressure with thumbs and release it. Repeat 3 times. Finish with hands resting on soles of feet, for a count of 10.

Front of Leg

- 1 Apply **Body Massage Oil** or **AromaWax** to front of legs using effleurage movements to feet and legs 6 times.
- 2 Thumb knead down the soles of the feet/instep 3 times.
- 3 Thumb knead on top of the feet, between the metatarsal bones.
- 4 Knead around the ankles 3 times.
- 5 Single-handed effleurage alternately up the whole of one leg 3 times. Repeat to the other leg.
- 6 Stroke the top of the foot 3 times, around the ankles 3 times, pause, slide from the ankles to knees, pause, rest the hands above the knees, slide hands up the thighs, slight pressure on inguinals with thumbs 3 times.
- 7 Stretch both legs.
- 8 Finish with hands resting on top of feet, for a count of 10.

Eve Taylor[®] Spa Body Massage Techniques

Eve Taylor[®] Deep Tissue Massage for legs and hips

- 1 Effleurage - deep, double handed effleurage in centre of area, sweep up, over and down outside of area.
- 2 Pettrissage - deep kneading petrissage, focus movements on areas where tissue may feel cool to the touch in order to increase circulation.
- 3 Knuckle kneading - working from the bottom upwards and smooth hands on return.
- 4 Pinch and roll - using both hands simultaneously take a generous amount of tissue between the thumb and fingers roll towards you.
- 5 Loosening - with flat fingers and hands scoop tissue up and away to stimulate increase blood flow to connective tissue.
- 6 Effleurage - deep, double handed effleurage. Repeat each movement approximately 6 times to induce erythema or longer if necessary.

Eve Taylor[®] Abdomen Massage

- 1 Effleurage abdomen x 6.
- 2 Light thumb press at base of sternum, transverse colon and umbilicus.
- 3 Finger and thumb sliding over the same area.
- 4 Overlapped hands, pump under rib cage with fingertips.
- 5 "See saw" over colon.
- 6 Effleurage colon x 6.
- 7 Deep draining movement at left waistline using alternate hands. Repeat on other side x 6.
- 8 Effleurage of abdomen x 6.



Naturally Beautiful

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